

**US Foods**

**Menu Press - Cycle I, 2021**

**Regular/No Added Salt**

**Week 1**

| Sunday                                                                                                                                                                       | Monday                                                                                                                                           | Tuesday                                                                                                                                                     | Wednesday                                                                                                                                                      | Thursday                                                                                                                                                                 | Friday                                                                                                                                           | Saturday                                                                                                                                                                                       |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Feb-14, Mar-14, Apr-11, May-09, Jun-06, Jul-04, Aug-01, Aug-29                                                                                                               | Feb-15, Mar-15, Apr-12, May-10, Jun-07, Jul-05, Aug-02, Aug-30                                                                                   | Feb-16, Mar-16, Apr-13, May-11, Jun-08, Jul-06, Aug-03, Aug-31                                                                                              | Feb-17, Mar-17, Apr-14, May-12, Jun-09, Jul-07, Aug-04, Sep-01                                                                                                 | Feb-18, Mar-18, Apr-15, May-13, Jun-10, Jul-08, Aug-05, Sep-02                                                                                                           | Feb-19, Mar-19, Apr-16, May-14, Jun-11, Jul-09, Aug-06, Sep-03                                                                                   | Feb-20, Mar-20, Apr-17, May-15, Jun-12, Jul-10, Aug-07, Sep-04                                                                                                                                 |
| <b>Breakfast</b>                                                                                                                                                             |                                                                                                                                                  |                                                                                                                                                             |                                                                                                                                                                |                                                                                                                                                                          |                                                                                                                                                  |                                                                                                                                                                                                |
| Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Egg<br>French Toast<br>Margarine & Syrup<br>Milk<br>Coffee or Hot Tea                                                  | Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Egg Bacon and Cheese On<br>Wheat English Muffin<br>Milk<br>Coffee or Hot Tea               | Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Egg<br>Wheat Toast<br>Margarine & Jelly<br>Milk<br>Coffee or Hot Tea                                  | Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Sausage Links<br>Pancakes<br>Margarine & Syrup<br>Milk<br>Coffee or Hot Tea                              | Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Breakfast Bake<br>Raisin Toast<br>Margarine & Jelly<br>Milk<br>Coffee or Hot Tea                                   | Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Egg<br>Fruit Muffin<br>Margarine & Jelly<br>Milk<br>Coffee or Hot Tea                      | Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Egg<br>Bacon<br>Coffee Cake<br>Milk<br>Coffee or Hot Tea                                                                                 |
| <b>Lunch</b>                                                                                                                                                                 |                                                                                                                                                  |                                                                                                                                                             |                                                                                                                                                                |                                                                                                                                                                          |                                                                                                                                                  |                                                                                                                                                                                                |
| Roast Beef Au Jus<br>Horseradish Sauce<br>Mashed Potatoes<br>Asparagus<br>Wheat Dinner Roll or Bread<br>Margarine<br>Lemon Cake w/ Lemon Icing<br>Milk<br>Beverage of Choice | Citrus Fish<br>Squash Au Gratin<br>Whole Green Beans<br>Wheat Dinner Roll or Bread<br>Margarine<br>Fruited Gelatin<br>Milk<br>Beverage of Choice | Apricot Glazed Ham<br>Baked Sweet Potato<br>Spinach<br>Wheat Dinner Roll or Bread<br>Margarine<br>Coconut Cream Pudding<br>Milk<br>Beverage of Choice       | Beef Stir Fry with Vegetables<br>Pineapple Rice Pilaf<br>Egg Roll<br>Oatmeal Raisin Cookie<br>Milk<br>Beverage of Choice                                       | Turkey Croquette<br>Roasted Turkey Skillet Gravy<br>Green Peas<br>Sliced Beets<br>Wheat Dinner Roll or Bread<br>Margarine<br>Poached Pears<br>Milk<br>Beverage of Choice | Beef Tips Dijon<br>Noodles<br>Prince Edward Veg Blend<br>Wheat Dinner Roll or Bread<br>Margarine<br>Orange Sherbet<br>Milk<br>Beverage of Choice | Herbed Chicken<br>Lemon Rice<br>Parmesan Tomatoes<br>Wheat Dinner Roll or Bread<br>Margarine<br>Honeydew Melon<br>Milk<br>Beverage of Choice                                                   |
| <b>Dinner</b>                                                                                                                                                                |                                                                                                                                                  |                                                                                                                                                             |                                                                                                                                                                |                                                                                                                                                                          |                                                                                                                                                  |                                                                                                                                                                                                |
| Turkey Pasta Salad<br>Spring Mix with Dressing<br>Breadstick<br>Margarine<br>Berry Cup<br>Milk<br>Beverage of Choice                                                         | BBQ Beef on a Bun<br>Potato Chips<br>Broccoli Florets<br>Assorted Ice Cream<br>Milk<br>Beverage of Choice                                        | White Bean Soup<br>Saltine Crackers<br>Chicken Fajita Salad<br>Mexican Cornbread<br>Margarine<br>Peach Fruit & Yogurt Parfait<br>Milk<br>Beverage of Choice | Baked Pork Chop<br>Oven Roasted Potatoes<br>Normandy Vegetable Blend<br>Wheat Dinner Roll or Bread<br>Margarine<br>Sliced Apples<br>Milk<br>Beverage of Choice | Tomato Basil Soup<br>Saltine Crackers<br>Grilled Cheese Sandwich<br>Marinated Cucumber Salad<br>Banana Split Brownie<br>Milk<br>Beverage of Choice                       | Fried Fish & Chips<br>Tartar Sauce<br>Creamy Coleslaw<br>Cheese Biscuit<br>Margarine<br>Grapes<br>Milk<br>Beverage of Choice                     | Vegetable Frittata<br>Red Skin Potatoes<br>Garden Salad with Dressing<br>Wheat Dinner Roll or Bread<br>Margarine<br>Angel Food Cake<br>Blueberry Compote Topping<br>Milk<br>Beverage of Choice |
| <b>HS Snack</b>                                                                                                                                                              |                                                                                                                                                  |                                                                                                                                                             |                                                                                                                                                                |                                                                                                                                                                          |                                                                                                                                                  |                                                                                                                                                                                                |
| Snack of the Day                                                                                                                                                             | Snack of the Day                                                                                                                                 | Snack of the Day                                                                                                                                            | Snack of the Day                                                                                                                                               | Snack of the Day                                                                                                                                                         | Snack of the Day                                                                                                                                 | Snack of the Day                                                                                                                                                                               |

**US Foods**

**Menu Press - Cycle I, 2021**

**Regular/No Added Salt**

**Week 2**

| Sunday                                                                                                                                                                 | Monday                                                                                                                                                                                                | Tuesday                                                                                                                                                                                        | Wednesday                                                                                                                                   | Thursday                                                                                                                                                | Friday                                                                                                                                                   | Saturday                                                                                                                                                                  |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Feb-21, Mar-21, Apr-18, May-16, Jun-13, Jul-11, Aug-08, Sep-05                                                                                                         | Feb-22, Mar-22, Apr-19, May-17, Jun-14, Jul-12, Aug-09, Sep-06                                                                                                                                        | Feb-23, Mar-23, Apr-20, May-18, Jun-15, Jul-13, Aug-10, Sep-07                                                                                                                                 | Feb-24, Mar-24, Apr-21, May-19, Jun-16, Jul-14, Aug-11, Sep-08                                                                              | Feb-25, Mar-25, Apr-22, May-20, Jun-17, Jul-15, Aug-12, Sep-09                                                                                          | Feb-26, Mar-26, Apr-23, May-21, Jun-18, Jul-16, Aug-13, Sep-10                                                                                           | Feb-27, Mar-27, Apr-24, May-22, Jun-19, Jul-17, Aug-14, Sep-11                                                                                                            |
| <b>Breakfast</b>                                                                                                                                                       |                                                                                                                                                                                                       |                                                                                                                                                                                                |                                                                                                                                             |                                                                                                                                                         |                                                                                                                                                          |                                                                                                                                                                           |
| Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Egg<br>Biscuit<br>Sausage Gravy<br>Milk<br>Coffee or Hot Tea                                                     | Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Cheddar Egg Bake<br>Wheat Toast<br>Margarine & Jelly<br>Milk<br>Coffee or Hot Tea                                                               | Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Egg<br>Hashbrown Patty<br>Cinnamon Wheat Toast<br>Milk<br>Coffee or Hot Tea                                                              | Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Sausage Links<br>French Toast<br>Margarine & Syrup<br>Milk<br>Coffee or Hot Tea       | Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Vegetable Omelet<br>Wheat Toast<br>Margarine & Jelly<br>Milk<br>Coffee or Hot Tea                 | Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Egg<br>Bacon<br>Waffle<br>Margarine & Syrup<br>Milk<br>Coffee or Hot Tea                           | Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Egg<br>Wheat Toast<br>Margarine & Jelly<br>Milk<br>Coffee or Hot Tea                                                |
| <b>Lunch</b>                                                                                                                                                           |                                                                                                                                                                                                       |                                                                                                                                                                                                |                                                                                                                                             |                                                                                                                                                         |                                                                                                                                                          |                                                                                                                                                                           |
| Marinated Pork Loin<br>Garlic Roasted Potato Wedges<br>Broccoli & Carrots<br>Wheat Dinner Roll or Bread<br>Margarine<br>Ice Cream Sundae<br>Milk<br>Beverage of Choice | Breaded Shrimp<br>Cocktail Sauce<br>Baked Potato<br>Sour Cream & Chives<br>Braised Red & Green Cabbage<br>Wheat Dinner Roll or Bread<br>Margarine<br>Hawaiian Fruit Cup<br>Milk<br>Beverage of Choice | Crispy Baked Chicken<br>Riced Cauliflower with Roasted Peppers<br>Spinach Souffle<br>Wheat Dinner Roll or Bread<br>Margarine<br>Raspberry Ribbon Delight Gelatin<br>Milk<br>Beverage of Choice | Sliced Baked Ham<br>Macaroni & Cheese<br>Green Peas<br>Wheat Dinner Roll or Bread<br>Margarine<br>Berry Crisp<br>Milk<br>Beverage of Choice | Honey Glazed Turkey Cutlet<br>Parmesan Risotto<br>Harvard Beets<br>Wheat Dinner Roll or Bread<br>Margarine<br>Apple Betty<br>Milk<br>Beverage of Choice | Baked Herb Fish<br>Lemon Wedge<br>Noodles Romanoff<br>Asparagus<br>Wheat Dinner Roll or Bread<br>Margarine<br>Sugar Cookie<br>Milk<br>Beverage of Choice | Meatloaf<br>Oven Browned Potatoes<br>Steamed Vegetables<br>Wheat Dinner Roll or Bread<br>Margarine<br>Pineapple Chunks<br>Milk<br>Beverage of Choice                      |
| <b>Dinner</b>                                                                                                                                                          |                                                                                                                                                                                                       |                                                                                                                                                                                                |                                                                                                                                             |                                                                                                                                                         |                                                                                                                                                          |                                                                                                                                                                           |
| Greek Feta Chicken Salad<br>Couscous & Quinoa Salad<br>Wheat Dinner Roll or Bread<br>Margarine<br>Strawberries with Topping<br>Milk<br>Beverage of Choice              | Beef Soft Tacos<br>Spanish Rice<br>Fire Roasted Corn & Black Beans<br>Churros<br>Milk<br>Beverage of Choice                                                                                           | Savory Summer Soup<br>Saltine Crackers<br>Egg Salad on Wheat Bread<br>Tomato Basil Salad<br>Chocolate Chip Bar<br>Milk<br>Beverage of Choice                                                   | Chili Cheese Dog<br>Tater Tots<br>Marinated Green Bean Salad<br>Watermelon<br>Milk<br>Beverage of Choice                                    | Stuffed Green Pepper<br>Battered Corn Nuggets<br>Wheat Dinner Roll or Bread<br>Margarine<br>Orange Dream Cake<br>Milk<br>Beverage of Choice             | Chicken Club Wrap<br>House French Fries<br>Summer Squash Salad<br>Cantaloupe Cubes<br>Milk<br>Beverage of Choice                                         | Italian Wedding Soup<br>Saltine Crackers<br>Thin Crust Cheese Pizza<br>Caesar Salad<br>Breadstick<br>Marinara Sauce<br>Chocolate Eclair Bar<br>Milk<br>Beverage of Choice |
| <b>HS Snack</b>                                                                                                                                                        |                                                                                                                                                                                                       |                                                                                                                                                                                                |                                                                                                                                             |                                                                                                                                                         |                                                                                                                                                          |                                                                                                                                                                           |
| Snack of the Day                                                                                                                                                       | Snack of the Day                                                                                                                                                                                      | Snack of the Day                                                                                                                                                                               | Snack of the Day                                                                                                                            | Snack of the Day                                                                                                                                        | Snack of the Day                                                                                                                                         | Snack of the Day                                                                                                                                                          |

**US Foods**

**Menu Press - Cycle I, 2021**

**Regular/No Added Salt**

**Week 3**

| Sunday                                                                                                                                                                     | Monday                                                                                                                                                                                           | Tuesday                                                                                                                                           | Wednesday                                                                                                                                                               | Thursday                                                                                                                                                         | Friday                                                                                                                                                             | Saturday                                                                                                                                                                                 |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Feb-28, Mar-28, Apr-25, May-23, Jun-20, Jul-18, Aug-15, Sep-12                                                                                                             | Mar-01, Mar-29, Apr-26, May-24, Jun-21, Jul-19, Aug-16, Sep-13                                                                                                                                   | Mar-02, Mar-30, Apr-27, May-25, Jun-22, Jul-20, Aug-17, Sep-14                                                                                    | Mar-03, Mar-31, Apr-28, May-26, Jun-23, Jul-21, Aug-18, Sep-15                                                                                                          | Mar-04, Apr-01, Apr-29, May-27, Jun-24, Jul-22, Aug-19, Sep-16                                                                                                   | Mar-05, Apr-02, Apr-30, May-28, Jun-25, Jul-23, Aug-20, Sep-17                                                                                                     | Mar-06, Apr-03, May-01, May-29, Jun-26, Jul-24, Aug-21, Sep-18                                                                                                                           |
| <b>Breakfast</b>                                                                                                                                                           |                                                                                                                                                                                                  |                                                                                                                                                   |                                                                                                                                                                         |                                                                                                                                                                  |                                                                                                                                                                    |                                                                                                                                                                                          |
| Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Egg & Sausage Bake<br>Coffee Cake<br>Milk<br>Coffee or Hot Tea                                                       | Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Egg<br>Bacon<br>French Toast<br>Margarine & Syrup<br>Milk<br>Coffee or Hot Tea                                                             | Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Scrambled Egg with Cheese<br>Raisin Toast<br>Margarine & Jelly<br>Milk<br>Coffee or Hot Tea | Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Egg<br>Biscuit<br>Margarine & Jelly<br>Milk<br>Coffee or Hot Tea                                                  | Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Breakfast Burrito<br>Milk<br>Coffee or Hot Tea                                                             | Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Egg<br>Wheat English Muffin<br>Margarine & Jelly<br>Milk<br>Coffee or Hot Tea                                | Juice of Choice<br>Cereal of Choice<br>Fresh Fruit<br>Sausage Links<br>Pancakes<br>Margarine & Syrup<br>Milk<br>Coffee or Hot Tea                                                        |
| <b>Lunch</b>                                                                                                                                                               |                                                                                                                                                                                                  |                                                                                                                                                   |                                                                                                                                                                         |                                                                                                                                                                  |                                                                                                                                                                    |                                                                                                                                                                                          |
| Rotisserie Style Turkey<br>Sweet Potatoes & Apples<br>Multi-Color Cauliflower<br>Wheat Dinner Roll or Bread<br>Margarine<br>Banana Cream Pie<br>Milk<br>Beverage of Choice | Glazed Baked Ham<br>Pinto Beans<br>Brussels Sprouts<br>Wheat Dinner Roll or Bread<br>Margarine<br>Peanut Butter Cookie<br>Milk<br>Beverage of Choice                                             | Salisbury Steak<br>Mashed Potatoes<br>Green Beans Medley<br>Wheat Dinner Roll or Bread<br>Margarine<br>Berry Cup<br>Milk<br>Beverage of Choice    | Salmon Patty<br>Lemon Dill Sauce<br>Orzo<br>Strawberry Spinach Salad<br>Wheat Dinner Roll or Bread<br>Margarine<br>Chocolate Pudding Cake<br>Milk<br>Beverage of Choice | Vegetable Lasagna<br>Italian Vegetable Blend<br>Garlic Bread<br>Honeydew Melon<br>Milk<br>Beverage of Choice                                                     | Rosemary Pork Loin<br>Fried Potatoes<br>Glazed Baby Carrots<br>Wheat Dinner Roll or Bread<br>Margarine<br>Peach Cobbler<br>Milk<br>Beverage of Choice              | Braised Stew Beef Tips with Gravy<br>Mushroom Noodles<br>Green Peas<br>Wheat Dinner Roll or Bread<br>Margarine<br>Apricot Halves<br>Milk<br>Beverage of Choice                           |
| <b>Dinner</b>                                                                                                                                                              |                                                                                                                                                                                                  |                                                                                                                                                   |                                                                                                                                                                         |                                                                                                                                                                  |                                                                                                                                                                    |                                                                                                                                                                                          |
| Beef Lo Mein<br>Sugar Snap Peas<br>Wheat Dinner Roll or Bread<br>Margarine<br>Mandarin Oranges<br>Milk<br>Beverage of Choice                                               | Vegetable Soup<br>Saltine Crackers<br>Grilled Chicken Salad<br>Assorted Salad Dressing<br>Confetti Rice Salad<br>Wheat Dinner Roll or Bread<br>Margarine<br>Grapes<br>Milk<br>Beverage of Choice | Black Bean Burger<br>Lettuce Tomato and Onion<br>Normandy Vegetable Blend<br>Orange Sherbet<br>Milk<br>Beverage of Choice                         | Marinated Chicken<br>Breaded Squash<br>Roasted Asparagus<br>Wheat Dinner Roll or Bread<br>Margarine<br>Sliced Pears<br>Milk<br>Beverage of Choice                       | French Onion Soup<br>Saltine Crackers<br>Turkey & Cheese on Wheat Bread<br>Potato Salad<br>Marinated Pepper Salad<br>Six Layer Bar<br>Milk<br>Beverage of Choice | Stuffed Baked Fish<br>Garden Blend Rice<br>Baked Tomato Halves<br>Wheat Dinner Roll or Bread<br>Margarine<br>Pineapple Cream Gelatin<br>Milk<br>Beverage of Choice | Chicken Tenders<br>Dipping Sauce<br>Ranch Style Potato Wedges<br>Summer Vegetable Blend<br>Wheat Dinner Roll or Bread<br>Margarine<br>Strawberry Shortcake<br>Milk<br>Beverage of Choice |
| <b>HS Snack</b>                                                                                                                                                            |                                                                                                                                                                                                  |                                                                                                                                                   |                                                                                                                                                                         |                                                                                                                                                                  |                                                                                                                                                                    |                                                                                                                                                                                          |
| Snack of the Day                                                                                                                                                           | Snack of the Day                                                                                                                                                                                 | Snack of the Day                                                                                                                                  | Snack of the Day                                                                                                                                                        | Snack of the Day                                                                                                                                                 | Snack of the Day                                                                                                                                                   | Snack of the Day                                                                                                                                                                         |

