

US Foods

Menu Press - Cycle II, 2020-2021

Regular/No Added Salt

Week 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aug-30, Sep-27, Oct-25, Nov-22, Dec-20, Jan-17, Feb-14, Mar-14	Aug-31, Sep-28, Oct-26, Nov-23, Dec-21, Jan-18, Feb-15, Mar-15	Sep-01, Sep-29, Oct-27, Nov-24, Dec-22, Jan-19, Feb-16, Mar-16	Sep-02, Sep-30, Oct-28, Nov-25, Dec-23, Jan-20, Feb-17, Mar-17	Sep-03, Oct-01, Oct-29, Nov-26, Dec-24, Jan-21, Feb-18, Mar-18	Sep-04, Oct-02, Oct-30, Nov-27, Dec-25, Jan-22, Feb-19, Mar-19	Sep-05, Oct-03, Oct-31, Nov-28, Dec-26, Jan-23, Feb-20, Mar-20
Breakfast						
Juice of Choice Cereal of Choice Fresh Fruit Egg Fruit Muffin Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Scrambled Egg with Cheese Wheat Toast Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg Raisin Toast Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Baked Omelet Bacon Wheat English Muffin Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Sausage Links Waffle Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Cheddar Egg Bake Coffee Cake Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Sausage Links Pancakes Margarine & Syrup Milk Coffee or Hot Tea
Lunch						
Herbed Pork Chop Parslied Potatoes Orange Glazed Beets Wheat Dinner Roll or Bread Margarine Apple Crumb Cake Milk Beverage of Choice	Braised Beef Seasoned Rice Oven Roasted Vegetables Wheat Dinner Roll or Bread Margarine Orange Banana Gelatin Milk Beverage of Choice	Tuna Noodle Casserole Green Peas Wheat Dinner Roll or Bread Margarine Oatmeal Raisin Cookie Milk Beverage of Choice	Swiss Steak with Gravy Garlic Mashed Potatoes Stewed Tomatoes Wheat Dinner Roll or Bread Margarine Coconut Bread Pudding Milk Beverage of Choice	Roasted Chicken Roasted Chicken Skillet Gravy Sage Bread Dressing Asparagus Wheat Dinner Roll or Bread Margarine Blushing Pears Milk Beverage of Choice	BBQ Pork Platter Corn Casserole Brussels Sprouts Medley Wheat Dinner Roll or Bread Margarine Peach Parfait Milk Beverage of Choice	Turkey w/ Apple Normandy Southern Sweet Potatoes Greens Wheat Dinner Roll or Bread Margarine Pumpkin Square Milk Beverage of Choice
Dinner						
Four Cheese Pasta Italian Vegetable Blend Wheat Dinner Roll or Bread Margarine Ambrosia Milk Beverage of Choice	Honey Mustard Chicken Battered Corn Nuggets Herbed Green Beans Wheat Dinner Roll or Bread Margarine Chocolate Cream Pie Milk Beverage of Choice	Ham Divan with Broccoli Sweet Whipped Carrots Wheat Dinner Roll or Bread Margarine Pineapple Crisp Milk Beverage of Choice	Mushroom Barley Soup Saltine Crackers Turkey Sandwich with Cranberry Mayo Spinach Salad w/ Dressing Spiced Fruit Cup Milk Beverage of Choice	Stuffed Baked Fish Loaded Baked Potato Scandinavian Vegetable Blend Wheat Dinner Roll or Bread Margarine Orange Sherbet Milk Beverage of Choice	Beef Bourguignonne Egg Noodles Dilled Baby Carrots Wheat Dinner Roll or Bread Margarine Chocolate Eclair Bar Milk Beverage of Choice	Thin Crust Cheese Pizza Caesar Salad Breadstick Margarine Berry Cup Milk Beverage of Choice
HS Snack						
Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day

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Menu Press - Cycle II, 2020-2021

Regular/No Added Salt

Week 3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sep-06, Oct-04, Nov-01, Nov-29, Dec-27, Jan-24, Feb-21, Mar-21	Sep-07, Oct-05, Nov-02, Nov-30, Dec-28, Jan-25, Feb-22, Mar-22	Sep-08, Oct-06, Nov-03, Dec-01, Dec-29, Jan-26, Feb-23, Mar-23	Sep-09, Oct-07, Nov-04, Dec-02, Dec-30, Jan-27, Feb-24, Mar-24	Sep-10, Oct-08, Nov-05, Dec-03, Dec-31, Jan-28, Feb-25, Mar-25	Sep-11, Oct-09, Nov-06, Dec-04, Jan-01, Jan-29, Feb-26, Mar-26	Sep-12, Oct-10, Nov-07, Dec-05, Jan-02, Jan-30, Feb-27, Mar-27
Breakfast						
Juice of Choice Cereal of Choice Fresh Fruit Huevos Rancheros Bacon Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Sausage Links Waffle Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg Biscuit Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Breakfast Bake Cinnamon Wheat Toast Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Sausage Links French Toast Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg Wheat Toast Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Scrambled Egg with Cheese Wheat English Muffin Margarine & Jelly Milk Coffee or Hot Tea
Lunch						
Roast Beef Au Jus Creamed New Potatoes Steamed Vegetables Wheat Dinner Roll or Bread Margarine Cherry Tart Milk Beverage of Choice	Sliced Baked Ham Savory Style Beans Braised Red & Green Cabbage Wheat Dinner Roll or Bread Margarine Frosted Banana Cake Milk Beverage of Choice	Roasted Thyme Chicken Bread Dressing Mixed Vegetables Wheat Dinner Roll or Bread Margarine Sliced Peaches Milk Beverage of Choice	Country Pork Loin with Gravy Scalloped Corn Brussels Sprouts Wheat Dinner Roll or Bread Margarine Fruit Gelatin with Marshmallows Milk Beverage of Choice	Oven Fried Chicken Mashed Potato Casserole Spinach Cornbread Margarine Berry Cobbler Milk Beverage of Choice	Butter Crumb Fish Lemon Wedge Butternut Squash & Beet Blend Zucchini Wheat Dinner Roll or Bread Margarine Chocolate Chip Cookie Milk Beverage of Choice	Beef Stroganoff Egg Noodles Peas & Mushrooms Wheat Dinner Roll or Bread Margarine Scalloped Apples Milk Beverage of Choice
Dinner						
Lemon Pepper Fish Brown Rice Green Beans Wheat Dinner Roll or Bread Margarine Tropical Fruit Milk Beverage of Choice	Scrambled Egg & Vegetable Wrap Cheese Grits Asparagus Tips with Red Pepper Spiced Apricots Milk Beverage of Choice	Italian Meatloaf Roasted Garlic Potatoes Capri Vegetable Blend Wheat Dinner Roll or Bread Margarine Cannoli Milk Beverage of Choice	Cauliflower Cheese Soup Saltine Crackers Salmon Melt Prince Edward Veg Blend Ice Cream Milk Beverage of Choice	Mongolian Beef with Lo Mein Noodle Stir Fry Vegetable Blend Wheat Dinner Roll or Bread Margarine Mandarin Oranges Milk Beverage of Choice	Turkey Vegetable Stew Rice Pilaf Biscuit Margarine Fruit Fling Milk Beverage of Choice	BBQ Pork on a Bun Potato Wedges Calico Coleslaw Chocolate Pudding Parfait Milk Beverage of Choice
HS Snack						
Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day

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Regular/No Added Salt

Week 4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sep-13, Oct-11, Nov-08, Dec-06, Jan-03, Jan-31, Feb-28, Mar-28	Sep-14, Oct-12, Nov-09, Dec-07, Jan-04, Feb-01, Mar-01, Mar-29	Sep-15, Oct-13, Nov-10, Dec-08, Jan-05, Feb-02, Mar-02, Mar-30	Sep-16, Oct-14, Nov-11, Dec-09, Jan-06, Feb-03, Mar-03, Mar-31	Sep-17, Oct-15, Nov-12, Dec-10, Jan-07, Feb-04, Mar-04, Apr-01	Sep-18, Oct-16, Nov-13, Dec-11, Jan-08, Feb-05, Mar-05, Apr-02	Sep-19, Oct-17, Nov-14, Dec-12, Jan-09, Feb-06, Mar-06, Apr-03
Breakfast						
Juice of Choice Cereal of Choice Fresh Fruit Egg Fruit Muffin Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Spanish Omelet Biscuit Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Sausage Links Waffle Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Vegetable Omelet Wheat Toast Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg Bacon Pancakes Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg & Hashbrown Casserole Raisin Toast Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg & Cheese on Wheat English Muffin Bacon Milk Coffee or Hot Tea
Lunch						
Herbed Turkey Mashed Garlic Cauliflower Savory Green Beans Wheat Dinner Roll or Bread Margarine Fruit Cobbler Milk Beverage of Choice	Pit Ham Fried Grit Cakes Orange Kissed Brussels Sprouts Wheat Dinner Roll or Bread Margarine Red Velvet Cake Milk Beverage of Choice	Braised Stew Beef Tips with Gravy Potatoes & Carrots Wheat Dinner Roll or Bread Margarine Mandarin Oranges & Bananas Milk Beverage of Choice	Chicken Stuffed with Cornbread Dressing Asparagus Spears Harvard Beets Wheat Dinner Roll or Bread Margarine Fruit Basket Crumble Milk Beverage of Choice	Blackened Fish Tartar Sauce Spicy Potato Wedges Multi-Color Cauliflower Wheat Dinner Roll or Bread Margarine Caramel Brownie Milk Beverage of Choice	Marinated Pork Loin Oven Browned Potatoes Calico Cabbage Wheat Dinner Roll or Bread Margarine Apricot Fluff Milk Beverage of Choice	Beef Brisket Macaroni & Cheese Succotash Wheat Dinner Roll or Bread Margarine Gelatin Jewels Milk Beverage of Choice
Dinner						
Cheese Enchiladas Black Beans & Couscous Wheat Dinner Roll or Bread Margarine Pineapple with Toasted Coconut Milk Beverage of Choice	Seafood Patty Cocktail Sauce House French Fries Broccoli Florets Wheat Dinner Roll or Bread Margarine Chilled Pears Milk Beverage of Choice	Tropical Baked Pork Chop Risotto Zucchini & Yellow Squash Wheat Dinner Roll or Bread Margarine Rainbow Sherbet Milk Beverage of Choice	Minestrone Soup Saltine Crackers French Dip Sandwich Lemony Rocket Salad w/Dressing Peanut Butter Cookie Milk Beverage of Choice	Asian Barbecue Turkey Steamed Rice Oriental Vegetable Blend Vegetable Spring Rolls Berry Cup Milk Beverage of Choice	Vegetable Lasagna Tossed Salad with Dressing Wheat Dinner Roll or Bread Margarine Italian Cream Cake Milk Beverage of Choice	Paprika Veal Steak Sour Cream Mashed Potatoes Green Peas Wheat Dinner Roll or Bread Margarine Apple Betty Milk Beverage of Choice
HS Snack						
Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day