

US Foods

Menu Press - Cycle I, 2020

Regular/No Added Salt

Week 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Feb-16, Mar-15, Apr-12, May-10, Jun-07, Jul-05, Aug-02, Aug-30	Feb-17, Mar-16, Apr-13, May-11, Jun-08, Jul-06, Aug-03, Aug-31	Feb-18, Mar-17, Apr-14, May-12, Jun-09, Jul-07, Aug-04, Sep-01	Feb-19, Mar-18, Apr-15, May-13, Jun-10, Jul-08, Aug-05, Sep-02	Feb-20, Mar-19, Apr-16, May-14, Jun-11, Jul-09, Aug-06, Sep-03	Feb-21, Mar-20, Apr-17, May-15, Jun-12, Jul-10, Aug-07, Sep-04	Feb-22, Mar-21, Apr-18, May-16, Jun-13, Jul-11, Aug-08, Sep-05
Breakfast						
Juice of Choice Cereal of Choice Fresh Fruit Egg French Toast Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg Bacon and Cheese On Wheat English Muffin Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg Wheat Toast Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Sausage Links Pancakes Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Breakfast Bake Raisin Toast Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg Fruit Muffin Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg Bacon Coffee Cake Milk Coffee or Hot Tea
Lunch						
Roast Beef Au Jus Cheesy Potatoes Orange Glazed Carrots Wheat Dinner Roll or Bread Margarine Banana Cream Pie Milk Beverage of Choice	Garlic Herb Pork Loin Green Peas Roasted Cauliflower Wheat Dinner Roll or Bread Margarine Mandarin Oranges with Toasted Coconut Milk Beverage of Choice	Rotisserie Style Turkey Bread Dressing Brussels Sprouts Wheat Dinner Roll or Bread Margarine Chocolate Éclair Bar Milk Beverage of Choice	Braised Beef Parslied Mashed Potatoes Seasoned Whole Green Beans Wheat Dinner Roll or Bread Margarine Berry Cup Milk Beverage of Choice	Pineapple Chicken Fried Rice Stir Fry Vegetable Blend Egg Roll German Chocolate Cake Milk Beverage of Choice	Baked Fish with Paprika Lemon & Herb Penne Asparagus Wheat Dinner Roll or Bread Margarine Sugar Cookie Milk Beverage of Choice	Four Cheese Lasagna Italian Green Beans Breadstick Margarine Fruit Salad Milk Beverage of Choice
Dinner						
Cobb Salad Assorted Salad Dressing Pasta Salad Wheat Dinner Roll or Bread Margarine Tropical Fruit Dream Milk Beverage of Choice	Tomato Bisque Saltine Crackers Grilled Two Cheese Sandwich Capri Vegetable Blend Sherbet Milk Beverage of Choice	Fish Tacos Black Bean & Corn Salad Fajita Vegetable Blend Melon Cubes Milk Beverage of Choice	Ham Croquette Macaroni & Cheese Greens Wheat Dinner Roll or Bread Margarine Tapioca Pudding Milk Beverage of Choice	Salisbury Steak with Peppers & Gravy Duchess Potatoes Sauteed Mushrooms Wheat Dinner Roll or Bread Margarine Rosy Apple Slices Milk Beverage of Choice	Reuben Sandwich Onion Rings Broccoli Salad Red Seedless Grapes Milk Beverage of Choice	Kielbasa Sausage Baked Potato Pancakes Beets Medley Wheat Dinner Roll or Bread Margarine Ice Cream Milk Beverage of Choice
HS Snack						
Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day

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Week 2

<p>Sunday Feb-23, Mar-22, Apr-19, May-17, Jun-14, Jul-12, Aug-09, Sep-06</p>	<p>Monday Feb-24, Mar-23, Apr-20, May-18, Jun-15, Jul-13, Aug-10, Sep-07</p>	<p>Tuesday Feb-25, Mar-24, Apr-21, May-19, Jun-16, Jul-14, Aug-11, Sep-08</p>	<p>Wednesday Feb-26, Mar-25, Apr-22, May-20, Jun-17, Jul-15, Aug-12, Sep-09</p>	<p>Thursday Feb-27, Mar-26, Apr-23, May-21, Jun-18, Jul-16, Aug-13, Sep-10</p>	<p>Friday Feb-28, Mar-27, Apr-24, May-22, Jun-19, Jul-17, Aug-14, Sep-11</p>	<p>Saturday Feb-29, Mar-28, Apr-25, May-23, Jun-20, Jul-18, Aug-15, Sep-12</p>
Breakfast						
<p>Juice of Choice Cereal of Choice Fresh Fruit Egg Biscuit Sausage Gravy Milk Coffee or Hot Tea</p>	<p>Juice of Choice Cereal of Choice Fresh Fruit Cheddar Egg Bake Wheat Toast Margarine & Jelly Milk Coffee or Hot Tea</p>	<p>Juice of Choice Cereal of Choice Fresh Fruit Egg Hashbrown Patty Cinnamon Wheat Toast Milk Coffee or Hot Tea</p>	<p>Juice of Choice Cereal of Choice Fresh Fruit Sausage Links French Toast Margarine & Syrup Milk Coffee or Hot Tea</p>	<p>Juice of Choice Cereal of Choice Fresh Fruit Vegetable Omelet Wheat Toast Margarine & Jelly Milk Coffee or Hot Tea</p>	<p>Juice of Choice Cereal of Choice Fresh Fruit Egg Bacon Waffle Margarine & Syrup Milk Coffee or Hot Tea</p>	<p>Juice of Choice Cereal of Choice Fresh Fruit Egg Wheat Toast Margarine & Jelly Milk Coffee or Hot Tea</p>
Lunch						
<p>Honey Glazed Turkey Whipped Sweet Potatoes Savory Spinach Wheat Dinner Roll or Bread Margarine Lemon Pound Cake Milk Beverage of Choice</p>	<p>Baked Veal Cutlet Creamy Dill Sauce Bow Tie Pasta Roasted Brussels Sprouts Wheat Dinner Roll or Bread Margarine Blushing Pears Milk Beverage of Choice</p>	<p>Apple Ginger Pork Chop Seasoned Beans Zucchini Wheat Dinner Roll or Bread Margarine Peach Cobbler Milk Beverage of Choice</p>	<p>Braised Stew Beef Tips with Gravy Brown Rice Broccoli Florets Wheat Dinner Roll or Bread Margarine Ambrosia Milk Beverage of Choice</p>	<p>Glazed Baked Ham Black-Eyed Peas Greens Cornbread Margarine Cinnamon Apple Slices Milk Beverage of Choice</p>	<p>Fish Kiev Garlic Roasted Potato Wedges Calico Cabbage Wheat Dinner Roll or Bread Margarine Chocolate Brownie Milk Beverage of Choice</p>	<p>Chopped Steak Onion & Mushroom Gravy Mashed Potato Casserole Multi-Color Cauliflower Wheat Dinner Roll or Bread Margarine Cake with Creamy Frosting Milk Beverage of Choice</p>
Dinner						
<p>Cheese Enchiladas Sour Cream Fiesta Rice Pico de Gallo Strawberry Parfait Milk Beverage of Choice</p>	<p>Breaded Fish Fillet Tartar Sauce French Fries Lemony Rocket Salad w/ Dressing Wheat Dinner Roll or Bread Margarine Sherbet Milk Beverage of Choice</p>	<p>Corn Chowder Saltine Crackers Veggie Wrap Creamy Pasta Salad Marinated Carrot Salad Fruit Cup Milk Beverage of Choice</p>	<p>Chef Salad w/ Grilled Chicken Assorted Salad Dressing Red Skin Potato Salad Breadstick Margarine Cheesecake with Cherry Topping Milk Beverage of Choice</p>	<p>Mushroom & Swiss Cheese Hamburger Lettuce Tomato Onion & Pickle Tater Tots Ice Cream Sundae Milk Beverage of Choice</p>	<p>Baked Turkey Breast Noodles Romanoff Herbed Green Beans Wheat Dinner Roll or Bread Margarine Mango Cup Milk Beverage of Choice</p>	<p>Sweet & Sour Pork Steamed Rice Oriental Vegetable Blend Wheat Dinner Roll or Bread Margarine Pineapple Fluff Gelatin Milk Beverage of Choice</p>
HS Snack						
<p>Snack of the Day</p>	<p>Snack of the Day</p>	<p>Snack of the Day</p>	<p>Snack of the Day</p>	<p>Snack of the Day</p>	<p>Snack of the Day</p>	<p>Snack of the Day</p>

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Week 3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mar-01, Mar-29, Apr-26, May-24, Jun-21, Jul-19, Aug-16, Sep-13	Mar-02, Mar-30, Apr-27, May-25, Jun-22, Jul-20, Aug-17, Sep-14	Mar-03, Mar-31, Apr-28, May-26, Jun-23, Jul-21, Aug-18, Sep-15	Mar-04, Apr-01, Apr-29, May-27, Jun-24, Jul-22, Aug-19, Sep-16	Mar-05, Apr-02, Apr-30, May-28, Jun-25, Jul-23, Aug-20, Sep-17	Mar-06, Apr-03, May-01, May-29, Jun-26, Jul-24, Aug-21, Sep-18	Mar-07, Apr-04, May-02, May-30, Jun-27, Jul-25, Aug-22, Sep-19
Breakfast						
Juice of Choice Cereal of Choice Fresh Fruit Egg & Sausage Bake Coffee Cake Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg Bacon French Toast Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Scrambled Egg with Cheese Raisin Toast Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg Biscuit Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Breakfast Burrito Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg Wheat English Muffin Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Sausage Links Pancakes Margarine & Syrup Milk Coffee or Hot Tea
Lunch						
Marinated Chicken Parmesan Basil Orzo Baby Carrots Wheat Dinner Roll or Bread Margarine Pear Crisp Milk Beverage of Choice	Swiss Steak with Tomatoes Parslied Potatoes Prince Edward Veg Blend Wheat Dinner Roll or Bread Margarine Daffodil Angel Food Cake Milk Beverage of Choice	Herb & Lemon Fish Mashed Garlic Cauliflower Squash Medley Wheat Dinner Roll or Bread Margarine Ice Cream Milk Beverage of Choice	Roast Turkey Bread Dressing with Gravy Asparagus Spears Wheat Dinner Roll or Bread Margarine Blueberries & Peaches Milk Beverage of Choice	BBQ Beef Brisket Sweet Potato Wedges Succotash Cornbread Margarine Oatmeal Raisin Cookie Milk Beverage of Choice	Blackened Fish Fried Corn Calico Coleslaw Wheat Dinner Roll or Bread Margarine Margarine Fruit Parfait Milk Beverage of Choice	Beef with Roasted Vegetables Rissolle Potatoes Wheat Dinner Roll or Bread Margarine Strawberries Romanoff Milk Beverage of Choice
Dinner						
Italian Beef Sandwich Mixed Waffle Fries Sauteed Peppers & Onions Rocky Road Pudding Milk Beverage of Choice	Broccoli & Cheese Souffle Garden Blend Rice Herb Roasted Tomatoes Wheat Dinner Roll or Bread Margarine Apricot Fluff Milk Beverage of Choice	Zesty Bean Soup Saltine Crackers Ham & Cheese on a Croissant Sour Cream Cucumber Salad Hawaiian Fruit Cup Milk Beverage of Choice	Vegetable Pasta Primavera Spring Mix with Dressing Garlic Parmesan Bread Chocolate Chip Bar Milk Beverage of Choice	Stuffed Tomato w/ Turkey Salad Tri-Color Pasta Salad Wheat Dinner Roll or Bread Margarine Red Seedless Grapes Milk Beverage of Choice	Chicken Club Sandwich Onion Rings Steamed Vegetables Chocolate Tart Milk Beverage of Choice	Braised Pork Tips Rice Pilaf Honey Dijon Brussels Sprouts Wheat Dinner Roll or Bread Margarine Sherbet Milk Beverage of Choice
HS Snack						
Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day

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Week 4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mar-08, Apr-05, May-03, May-31, Jun-28, Jul-26, Aug-23, Sep-20	Mar-09, Apr-06, May-04, Jun-01, Jun-29, Jul-27, Aug-24, Sep-21	Mar-10, Apr-07, May-05, Jun-02, Jun-30, Jul-28, Aug-25, Sep-22	Mar-11, Apr-08, May-06, Jun-03, Jul-01, Jul-29, Aug-26, Sep-23	Mar-12, Apr-09, May-07, Jun-04, Jul-02, Jul-30, Aug-27, Sep-24	Mar-13, Apr-10, May-08, Jun-05, Jul-03, Jul-31, Aug-28, Sep-25	Mar-14, Apr-11, May-09, Jun-06, Jul-04, Aug-01, Aug-29, Sep-26
Breakfast						
Juice of Choice Cereal of Choice Fresh Fruit Western Omelet Wheat Toast Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg & Cheese on Wheat English Muffin Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Sausage Links Waffle Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg & Hashbrown Casserole Cinnamon Wheat Toast Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Scrambled Egg with Onions Biscuit Sausage Gravy Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg Bacon French Toast Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg Wheat Toast Margarine & Jelly Milk Coffee or Hot Tea
Lunch						
Chicken Vesuvio Peas & Pearl Onions Wheat Dinner Roll or Bread Margarine Coconut Cream Cake Milk Beverage of Choice	Breaded Shrimp Cocktail Sauce Macaroni & Cheese Broccoli Florets Wheat Dinner Roll or Bread Margarine Pineapple and Bananas Milk Beverage of Choice	Pot Roast Oven Browned Potatoes Sauteed Carrots & Celery Wheat Dinner Roll or Bread Margarine Apple Pie Milk Beverage of Choice	Roast Turkey Diane Egg Noodles Herbed Green Beans Wheat Dinner Roll or Bread Margarine Melon Cubes Milk Beverage of Choice	Ham Steak Cream Cheese Corn Brussels Sprouts Medley Wheat Dinner Roll or Bread Margarine Chocolate Tango Pudding Milk Beverage of Choice	Baked Herb Fish Roasted Red Skin Potatoes California Vegetable Blend Wheat Dinner Roll or Bread Margarine Sherbet Milk Beverage of Choice	Baked Chicken Cornbread Dressing Spinach Wheat Dinner Roll or Bread Margarine Apricot Parfait Milk Beverage of Choice
Dinner						
Baked Ziti with Cheese Spinach Salad w/ Dressing Garlic Bread Fruit Mix Milk Beverage of Choice	Pork Carnitas Refried Beans Cilantro Tomato Corn Salad Flour Tortilla Churros Milk Beverage of Choice	Thin Crust Cheese Pizza Garden Salad with Dressing Breadstick Marinara Sauce for Dipping Mandarin Oranges Milk Beverage of Choice	Chicken & Bacon Salad Assorted Salad Dressing Marinated Cucumber Salad Wheat Dinner Roll or Bread Margarine Ice Cream Milk Beverage of Choice	Pasta Fagioli Soup Saltine Crackers Deli Sandwich Creamy Vegetable Salad Red White & Blueberry Fruit Salad Milk Beverage of Choice	Breaded Pork Chop Confetti Rice Butter Beans Wheat Dinner Roll or Bread Margarine Peaches & Cream Gelatin Dessert Milk Beverage of Choice	Corned Beef Boiled New Potatoes German Red Cabbage Wheat Dinner Roll or Bread Margarine Snickerdoodle Cookie Milk Beverage of Choice
HS Snack						
Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day