

US Foods

Menu Press - Cycle II, 2021-2022

Regular/No Added Salt

Week 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aug-22, Sep-19, Oct-17, Nov-14, Dec-12, Jan-09, Feb-06, Mar-06	Aug-23, Sep-20, Oct-18, Nov-15, Dec-13, Jan-10, Feb-07, Mar-07	Aug-24, Sep-21, Oct-19, Nov-16, Dec-14, Jan-11, Feb-08, Mar-08	Aug-25, Sep-22, Oct-20, Nov-17, Dec-15, Jan-12, Feb-09, Mar-09	Aug-26, Sep-23, Oct-21, Nov-18, Dec-16, Jan-13, Feb-10, Mar-10	Aug-27, Sep-24, Oct-22, Nov-19, Dec-17, Jan-14, Feb-11, Mar-11	Aug-28, Sep-25, Oct-23, Nov-20, Dec-18, Jan-15, Feb-12, Mar-12
Breakfast						
Juice of Choice Cereal of Choice Fresh Fruit Western Omelet Wheat Toast Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Sausage Links Pancakes Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg & Cheese on Wheat English Muffin Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg Bacon Coffee Cake Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg Biscuit Sausage Gravy Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Sausage Links French Toast Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Breakfast Bake Cinnamon Wheat Toast Milk Coffee or Hot Tea
Lunch						
Roast Beef Au Jus Mashed Red Skin Potatoes Whole Green Beans Wheat Dinner Roll or Bread Margarine Cherry Cobbler Milk Beverage of Choice	Sliced Baked Ham Scalloped Corn Winter Vegetable Blend Wheat Dinner Roll or Bread Margarine Blushing Pears Milk Beverage of Choice	Chicken Stir Fry with Vegetables Fried Rice Egg Roll Cheesecake Milk Beverage of Choice	Swedish Meatballs with Gravy over Noodles Peas & Mushrooms Wheat Dinner Roll or Bread Margarine Rainbow Sherbet Milk Beverage of Choice	Smothered Pork Cutlet Bread Dressing Multi-Color Cauliflower Wheat Dinner Roll or Bread Margarine Sliced Apples Milk Beverage of Choice	Parmesan Baked Fish Mashed Winter Squash Spinach Wheat Dinner Roll or Bread Margarine Harvest Cake Milk Beverage of Choice	Rotisserie Chicken Macaroni & Cheese Country Style Tomatoes Wheat Dinner Roll or Bread Margarine Apricot Halves Milk Beverage of Choice
Dinner						
Lemon Pepper Turkey Lyonnaise Rice Roasted Beets and Carrots Wheat Dinner Roll or Bread Margarine Pineapple Tidbits Milk Beverage of Choice	Cheese Manicotti Brussels Sprouts Garlic Bread Chocolate Chip Cookie Milk Beverage of Choice	Citrus Fish Baked Potato Sour Cream Creamy Coleslaw Wheat Dinner Roll or Bread Margarine Spiced Fruit Cup Milk Beverage of Choice	French Onion Soup Saltine Crackers Turkey Salad Sandwich Sweet Potato Wedges Asparagus Vinaigrette Salad Chilled Peaches Milk Beverage of Choice	Beef Chili with Beans Tossed Salad with Dressing Cornbread Margarine Assorted Mousse Milk Beverage of Choice	Pepperoni Pizza Zucchini Breadstick Margarine Deluxe Fruit Salad Milk Beverage of Choice	Fried Popcorn Shrimp Cocktail Sauce House French Fries California Vegetable Blend Wheat Dinner Roll or Bread Margarine Chocolate Brownie Milk Beverage of Choice
HS Snack						
Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day

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Regular/No Added Salt

Week 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aug-29, Sep-26, Oct-24, Nov-21, Dec-19, Jan-16, Feb-13, Mar-13	Aug-30, Sep-27, Oct-25, Nov-22, Dec-20, Jan-17, Feb-14, Mar-14	Aug-31, Sep-28, Oct-26, Nov-23, Dec-21, Jan-18, Feb-15, Mar-15	Sep-01, Sep-29, Oct-27, Nov-24, Dec-22, Jan-19, Feb-16, Mar-16	Sep-02, Sep-30, Oct-28, Nov-25, Dec-23, Jan-20, Feb-17, Mar-17	Sep-03, Oct-01, Oct-29, Nov-26, Dec-24, Jan-21, Feb-18, Mar-18	Sep-04, Oct-02, Oct-30, Nov-27, Dec-25, Jan-22, Feb-19, Mar-19
Breakfast						
Juice of Choice Cereal of Choice Fresh Fruit Egg Fruit Muffin Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Scrambled Egg with Cheese Wheat Toast Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg Raisin Toast Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Baked Omelet Bacon Wheat English Muffin Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Sausage Links Waffle Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Cheddar Egg Bake Coffee Cake Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Sausage Links Pancakes Margarine & Syrup Milk Coffee or Hot Tea
Lunch						
Honey Glazed Ham Baked Sweet Potatoes Braised Red & Green Cabbage Wheat Dinner Roll or Bread Margarine Pound Cake Whipped Topping Milk Beverage of Choice	Roasted Thyme Turkey Turkey Gravy Garden Blend Rice Broccoli Au Gratin Wheat Dinner Roll or Bread Margarine Mandarin Orange Gelatin Milk Beverage of Choice	Meatloaf Company Potatoes Steamed Asparagus Wheat Dinner Roll or Bread Margarine Stewed Apples Milk Beverage of Choice	Apple Ginger Pork Loin Corn Souffle Cauliflower Wheat Dinner Roll or Bread Margarine Chocolate Cake with Chocolate Frosting Milk Beverage of Choice	Rancher's Chicken Rice Pilaf Baby Carrots Wheat Dinner Roll or Bread Margarine Fruit Crisp Milk Beverage of Choice	Lasagna with Meatsauce Italian Vegetable Blend Garlic Bread Fruit Fling Milk Beverage of Choice	Herbed Turkey Bread Dressing with Gravy Steamed Vegetables Wheat Dinner Roll or Bread Margarine Pumpkin Square Milk Beverage of Choice
Dinner						
Beef Tips with Mushroom Gravy Noodles Prince Edward Veg Blend Wheat Dinner Roll or Bread Margarine Fruit Mix Milk Beverage of Choice	Cheese Strata Brussels Sprouts Medley Roasted Beets Wheat Dinner Roll or Bread Margarine Praline Bar Milk Beverage of Choice	Tuna Noodle Casserole Green Peas Wheat Dinner Roll or Bread Margarine Snickerdoodle Cookie Milk Beverage of Choice	Cream of Tomato Soup Saltine Crackers Grilled Cheese Sandwich Kidney Bean Salad Cherry Banana Gelatin Milk Beverage of Choice	Open-Faced Roast Beef Sandwich Mashed Potatoes Green Beans Pudding Swirl Milk Beverage of Choice	Butter Crumb Fish Lemon Garlic Potato Wedges Calico Coleslaw Wheat Dinner Roll or Bread Margarine Assorted Ice Cream Milk Beverage of Choice	Pork Medallions Seasoned Beans Roasted Zucchini & Red Peppers Wheat Dinner Roll or Bread Margarine Pineapple Chunks Milk Beverage of Choice
HS Snack						
Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day

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Regular/No Added Salt

Week 3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sep-05, Oct-03, Oct-31, Nov-28, Dec-26, Jan-23, Feb-20, Mar-20	Sep-06, Oct-04, Nov-01, Nov-29, Dec-27, Jan-24, Feb-21, Mar-21	Sep-07, Oct-05, Nov-02, Nov-30, Dec-28, Jan-25, Feb-22, Mar-22	Sep-08, Oct-06, Nov-03, Dec-01, Dec-29, Jan-26, Feb-23, Mar-23	Sep-09, Oct-07, Nov-04, Dec-02, Dec-30, Jan-27, Feb-24, Mar-24	Sep-10, Oct-08, Nov-05, Dec-03, Dec-31, Jan-28, Feb-25, Mar-25	Sep-11, Oct-09, Nov-06, Dec-04, Jan-01, Jan-29, Feb-26, Mar-26
Breakfast						
Juice of Choice Cereal of Choice Fresh Fruit Huevos Rancheros Bacon Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Sausage Links Waffle Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg Biscuit Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Breakfast Bake Cinnamon Wheat Toast Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Sausage Links French Toast Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg Wheat Toast Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Scrambled Egg with Cheese Wheat English Muffin Margarine & Jelly Milk Coffee or Hot Tea
Lunch						
Pot Roast with Potatoes & Carrots Wheat Dinner Roll or Bread Margarine Fruit Pie Milk Beverage of Choice	Rosemary Chicken Wild Blend Rice Harvard Beets Wheat Dinner Roll or Bread Margarine Forest Pears Milk Beverage of Choice	Veal Fricassee Sour Cream Mashed Potatoes Scandinavian Vegetable Blend Wheat Dinner Roll or Bread Margarine Fruited Gelatin Milk Beverage of Choice	Swiss Steak with Gravy Egg Noodles Green Beans Medley Wheat Dinner Roll or Bread Margarine Apple Crumb Cake Milk Beverage of Choice	Vegetable Frittata Mashed Garlic Cauliflower Capri Vegetable Blend Wheat Dinner Roll or Bread Margarine Orange Sherbet Milk Beverage of Choice	Breaded Fish Fillet Tartar Sauce Oven Roasted Potatoes Broccoli Cuts Wheat Dinner Roll or Bread Margarine Lemon Meringue Pie Milk Beverage of Choice	Baked Pork Chop Mushroom Noodles Greens Wheat Dinner Roll or Bread Margarine Peaches & Cream Gelatin Dessert Milk Beverage of Choice
Dinner						
Salmon Patty Creamy Dill Sauce Lemon & Herb Penne Mixed Vegetables Wheat Dinner Roll or Bread Margarine Mandarin Oranges Milk Beverage of Choice	Ham with Baked Beans Sugar Snap Peas Wheat Dinner Roll or Bread Margarine Peanut Butter Cookie Milk Beverage of Choice	Cream of Broccoli Soup Saltine Crackers Egg Salad Sandwich Marinated Tomato & Onion Salad Blonde Brownie Milk Beverage of Choice	Chicken Enchilada Casserole Fiesta Corn Tossed Salad with Dressing Tropical Fruit Dream Milk Beverage of Choice	BBQ Beef Platter Macaroni & Cheese Steamed Okra Cornbread Margarine Fruit Basket Crumble Milk Beverage of Choice	Turkey a la King Over Rice Sliced Carrots Biscuit Margarine Pineapple and Bananas Milk Beverage of Choice	Sloppy Joe on a Bun Tater Tots Creamy Coleslaw Chocolate Pudding Parfait Milk Beverage of Choice
HS Snack						
Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day

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Regular/No Added Salt

Week 4

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sep-12, Oct-10, Nov-07, Dec-05, Jan-02, Jan-30, Feb-27, Mar-27	Sep-13, Oct-11, Nov-08, Dec-06, Jan-03, Jan-31, Feb-28, Mar-28	Sep-14, Oct-12, Nov-09, Dec-07, Jan-04, Feb-01, Mar-01, Mar-29	Sep-15, Oct-13, Nov-10, Dec-08, Jan-05, Feb-02, Mar-02, Mar-30	Sep-16, Oct-14, Nov-11, Dec-09, Jan-06, Feb-03, Mar-03, Mar-31	Sep-17, Oct-15, Nov-12, Dec-10, Jan-07, Feb-04, Mar-04, Apr-01	Sep-18, Oct-16, Nov-13, Dec-11, Jan-08, Feb-05, Mar-05, Apr-02
Breakfast						
Juice of Choice Cereal of Choice Fresh Fruit Egg Fruit Muffin Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Spanish Omelet Biscuit Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Sausage Links Waffle Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Vegetable Omelet Wheat Toast Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg Bacon Pancakes Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg & Hashbrown Casserole Raisin Toast Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fresh Fruit Egg & Cheese on Wheat English Muffin Bacon Milk Coffee or Hot Tea
Lunch						
Turkey with Cranberry Glaze Cornbread Dressing Green Bean Casserole Wheat Dinner Roll or Bread Margarine Pumpkin Pie Milk Beverage of Choice	Fish Kiev Cabbage Au Gratin Squash Medley Wheat Dinner Roll or Bread Margarine Marble Cake with Frosting Milk Beverage of Choice	Oven Fried Chicken Mashed Potato Casserole Baked Tomato Halves Wheat Dinner Roll or Bread Margarine Strawberries and Bananas Milk Beverage of Choice	Braised Stew Beef Tips with Gravy Buttered Noodles Roasted Carrots Wheat Dinner Roll or Bread Margarine Chocolate Chip Bread Pudding Milk Beverage of Choice	Ham Steak Orange Sweet Potatoes Parslied Cauliflower Wheat Dinner Roll or Bread Margarine Tropical Fruit Milk Beverage of Choice	Baked Chicken Cheesy Rice Seasoned Zucchini Biscuit Margarine Fruit Parfait Milk Beverage of Choice	Veal Piccata Pasta Green Peas Wheat Dinner Roll or Bread Margarine Carrot Cake with Frosting Milk Beverage of Choice
Dinner						
Eggplant Parmesan Orzo Asparagus Spears Garlic Breadstick Margarine Poached Pears Milk Beverage of Choice	Vegetable Barley Soup Saltine Crackers Beef Patty Melt on Rye Sauteed Mushrooms & Onions Ambrosia Milk Beverage of Choice	Savory Pork Roast Confetti Rice Sauteed Brussels Sprouts Wheat Dinner Roll or Bread Margarine Sugar Cookie Milk Beverage of Choice	Turkey with Apple Normandy Red Skin Potatoes Creamed Spinach Wheat Dinner Roll or Bread Margarine Broiled Cinnamon Peaches Milk Beverage of Choice	Cheese Quiche Fried Grit Cakes Steamed Vegetables Muffin Margarine Spice Cake with Frosting Milk Beverage of Choice	Breaded Fish with Cheese on a Bun Potato Wedges Dixie Coleslaw Assorted Ice Cream Milk Beverage of Choice	Marinated Pork Loin Butternut Squash Capri Vegetable Blend Wheat Dinner Roll or Bread Margarine Tutti Frutti Gelatin Milk Beverage of Choice
HS Snack						
Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day	Snack of the Day