

**US Foods**

**Menu Press - Cycle II, 2022-2023**

**Regular/No Added Salt**

**Week 1**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aug-21, Sep-18, Oct-16, Nov-13, Dec-11, Jan-08, Feb-05, Mar-05	Aug-22, Sep-19, Oct-17, Nov-14, Dec-12, Jan-09, Feb-06, Mar-06	Aug-23, Sep-20, Oct-18, Nov-15, Dec-13, Jan-10, Feb-07, Mar-07	Aug-24, Sep-21, Oct-19, Nov-16, Dec-14, Jan-11, Feb-08, Mar-08	Aug-25, Sep-22, Oct-20, Nov-17, Dec-15, Jan-12, Feb-09, Mar-09	Aug-26, Sep-23, Oct-21, Nov-18, Dec-16, Jan-13, Feb-10, Mar-10	Aug-27, Sep-24, Oct-22, Nov-19, Dec-17, Jan-14, Feb-11, Mar-11
<b>Breakfast</b>						
Orange Juice Oatmeal Fresh Apple Western Omelet Wheat Toast Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Cream of Wheat Fresh Orange Sausage Links Pancakes Margarine Syrup 2% Milk Coffee Hot Tea	Orange Juice Cream of Rice Fresh Banana Scrambled Egg with Cheese Wheat English Muffin Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Oatmeal Fresh Apple Sausage Links Waffle Margarine Syrup 2% Milk Coffee Hot Tea	Orange Juice Cream of Wheat Fresh Orange Scrambled Eggs Biscuit Sausage Gravy 2% Milk Coffee Hot Tea	Orange Juice Cream of Rice Fresh Banana Hard Cooked Egg French Toast Margarine Syrup 2% Milk Coffee Hot Tea	Orange Juice Oatmeal Fresh Apple Breakfast Bake Cinnamon Wheat Toast 2% Milk Coffee Hot Tea
Cranberry Juice Apple Juice	Cranberry Juice Apple Juice	Cranberry Juice Apple Juice	Cranberry Juice Apple Juice	Cranberry Juice Apple Juice	Cranberry Juice Apple Juice	Cranberry Juice Apple Juice
<b>Lunch</b>						
Roast Beef Au Jus Au Gratin Potatoes Broccoli Florets Wheat Dinner Roll Margarine Fruit Tart 2% Milk Coffee Hot Tea	Baked Fish with Parsley Butter Noodles Jefferson Zucchini Wheat Dinner Roll Margarine Strawberry Parfait 2% Milk Coffee Hot Tea	Baked Chicken Rice Pilaf Spinach Wheat Dinner Roll Margarine Yellow Cake with Chocolate Frosting 2% Milk Coffee Hot Tea	Meatloaf Mashed Potatoes Green Beans Wheat Dinner Roll Margarine Chilled Pears 2% Milk Coffee Hot Tea	Apple Ginger Pork Chop Delmonico Potatoes Brussels Sprouts Wheat Dinner Roll Margarine Marbled Cheesecake 2% Milk Coffee Hot Tea	Stuffed Baked Fish Oven Browned Potatoes Roasted Tomato Crowns Wheat Dinner Roll Margarine Fruited Gelatin Parfait 2% Milk Coffee Hot Tea	Chicken & Dumplings Mixed Vegetables Wheat Dinner Roll Margarine Tiramisu 2% Milk Coffee Hot Tea
<b>Dinner</b>						
Supreme Pizza Prince Edward Vegetable Blend Breadstick Marinara Sauce for Dipping Apricot Fluff 2% Milk Coffee Hot Tea	Cheese Quiche Potatoes O'Brien Baked Tomatoes Wheat Dinner Roll Margarine Harvest Cake 2% Milk Coffee Hot Tea	Braised Pork Tips Roasted Red Skin Potatoes Multi-Color Cauliflower Wheat Dinner Roll Margarine Mandarin Orange Gelatin 2% Milk Coffee Hot Tea	Breaded Shrimp Cocktail Sauce Macaroni & Cheese Capri Vegetable Blend Wheat Dinner Roll Margarine Oatmeal Raisin Cookie 2% Milk Coffee Hot Tea	Tomato Rice Soup Saltine Crackers Grilled Cheese Sandwich Marinated Cucumber Salad Sliced Apples 2% Milk Coffee Hot Tea	Turkey Tetrizzini Winter Vegetable Blend Wheat Dinner Roll Margarine Chocolate Eclair Bar 2% Milk Coffee Hot Tea	BBQ Beef Platter Baked Beans Braised Cabbage Cornbread Margarine Tropical Fruit 2% Milk Coffee Hot Tea
<b>HS Snack</b>						
Chilled Water Assorted Cereal Bars	Chilled Water Thin Wheat Crackers	Chilled Water Pretzels	Chilled Water Wheat Toast Margarine	Chilled Water Assorted Cereal Bars	Chilled Water Thin Wheat Crackers	Chilled Water Pretzels

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**Week 2**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aug-28, Sep-25, Oct-23, Nov-20, Dec-18, Jan-15, Feb-12, Mar-12	Aug-29, Sep-26, Oct-24, Nov-21, Dec-19, Jan-16, Feb-13, Mar-13	Aug-30, Sep-27, Oct-25, Nov-22, Dec-20, Jan-17, Feb-14, Mar-14	Aug-31, Sep-28, Oct-26, Nov-23, Dec-21, Jan-18, Feb-15, Mar-15	Sep-01, Sep-29, Oct-27, Nov-24, Dec-22, Jan-19, Feb-16, Mar-16	Sep-02, Sep-30, Oct-28, Nov-25, Dec-23, Jan-20, Feb-17, Mar-17	Sep-03, Oct-01, Oct-29, Nov-26, Dec-24, Jan-21, Feb-18, Mar-18
<b>Breakfast</b>						
Orange Juice Cream of Wheat Fresh Orange Cheddar Egg Bake Fruit Muffin Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Cream of Rice Fresh Banana Scrambled Egg with Cheese Wheat Toast Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Oatmeal Fresh Apple Hard Cooked Egg Raisin Toast Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Cream of Wheat Fresh Orange Baked Omelet Wheat English Muffin Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Cream of Rice Fresh Banana Sausage Links Waffle Margarine Syrup 2% Milk Coffee Hot Tea	Orange Juice Oatmeal Fresh Apple Cheese Omelet Coffee Cake 2% Milk Coffee Hot Tea	Orange Juice Cream of Wheat Fresh Orange Sausage Links Pancakes Margarine Syrup 2% Milk Coffee Hot Tea
Cranberry Juice Apple Juice	Cranberry Juice Apple Juice	Cranberry Juice Apple Juice	Cranberry Juice Apple Juice	Cranberry Juice Apple Juice	Cranberry Juice Apple Juice	Cranberry Juice Apple Juice
<b>Lunch</b>						
Honey Glazed Ham Baked Sweet Potatoes Zucchini Medley Wheat Dinner Roll Margarine Scalloped Apples 2% Milk Coffee Hot Tea	Citrus Fish Garlic Pasta Peas & Mushrooms Wheat Dinner Roll Margarine Hawaiian Fruit Cup 2% Milk Coffee Hot Tea	Marinated Chicken Oven Roasted Potatoes Brussels Sprouts Wheat Dinner Roll Margarine Strawberry Shortcake 2% Milk Coffee Hot Tea	Pork Chop Supreme Scalloped Potatoes California Vegetable Blend Wheat Dinner Roll Margarine Berry Cup 2% Milk Coffee Hot Tea	Sweet & Sour Chicken Fried Rice Sugar Snap Peas Egg Roll Fantasy Fruit 2% Milk Coffee Hot Tea	Baked Fish Creamy Dill Sauce Red Skin Potatoes Broccoli Florets Wheat Dinner Roll Margarine Cranberry Crunch 2% Milk Coffee Hot Tea	Fried Chicken Mashed Potatoes Multi-Color Cauliflower Wheat Dinner Roll Margarine Fluffy Fruit Cup 2% Milk Coffee Hot Tea
<b>Dinner</b>						
Vegetable Frittata Cheese Grits Broiled Tomato Slices Wheat Dinner Roll Margarine Crisp Toffee Bar 2% Milk Coffee Hot Tea	Sour Cream Meatloaf Company Potatoes Green Beans Wheat Dinner Roll Margarine Carrot Cake with Frosting 2% Milk Coffee Hot Tea	Broccoli Cheese Soup Saltine Crackers Breaded Fish on a Bun Calico Coleslaw Peach Halves 2% Milk Coffee Hot Tea	Mexican Style Beef Tips Over Rice Roasted Zucchini & Red Peppers Wheat Dinner Roll Margarine Turtle Brownie 2% Milk Coffee Hot Tea	Turkey Melt French Fries Marinated Baby Carrot Salad Pudding Parfait 2% Milk Coffee Hot Tea	Honey Mustard Chicken Sandwich Battered Corn Nuggets Scandinavian Vegetable Blend Mandarin Oranges 2% Milk Coffee Hot Tea	Four Cheese Pasta Caesar Salad Breadstick Margarine Snickerdoodle Cookie 2% Milk Coffee Hot Tea
<b>HS Snack</b>						
Chilled Water Wheat Toast Margarine	Chilled Water Assorted Cereal Bars	Chilled Water Thin Wheat Crackers	Chilled Water Pretzels	Chilled Water Wheat Toast Margarine	Chilled Water Assorted Cereal Bars	Chilled Water Thin Wheat Crackers

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**Week 3**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sep-04, Oct-02, Oct-30, Nov-27, Dec-25, Jan-22, Feb-19, Mar-19	Sep-05, Oct-03, Oct-31, Nov-28, Dec-26, Jan-23, Feb-20, Mar-20	Sep-06, Oct-04, Nov-01, Nov-29, Dec-27, Jan-24, Feb-21, Mar-21	Sep-07, Oct-05, Nov-02, Nov-30, Dec-28, Jan-25, Feb-22, Mar-22	Sep-08, Oct-06, Nov-03, Dec-01, Dec-29, Jan-26, Feb-23, Mar-23	Sep-09, Oct-07, Nov-04, Dec-02, Dec-30, Jan-27, Feb-24, Mar-24	Sep-10, Oct-08, Nov-05, Dec-03, Dec-31, Jan-28, Feb-25, Mar-25
<b>Breakfast</b>						
Orange Juice Cream of Rice Fresh Banana Huevos Rancheros Hashbrowns 2% Milk Coffee Hot Tea	Orange Juice Oatmeal Fresh Apple Sausage Links Waffle Margarine Syrup 2% Milk Coffee Hot Tea	Orange Juice Cream of Wheat Fresh Orange Scrambled Eggs Biscuit Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Cream of Rice Fresh Banana Breakfast Bake Cinnamon Wheat Toast 2% Milk Coffee Hot Tea	Orange Juice Oatmeal Fresh Apple Sausage Links French Toast Margarine Syrup 2% Milk Coffee Hot Tea	Orange Juice Cream of Wheat Fresh Orange Hard Cooked Egg Wheat Toast Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Cream of Rice Fresh Banana Scrambled Egg with Cheese Wheat English Muffin Margarine Jelly 2% Milk Coffee Hot Tea
Cranberry Juice Apple Juice	Cranberry Juice Apple Juice	Cranberry Juice Apple Juice	Cranberry Juice Apple Juice	Cranberry Juice Apple Juice	Cranberry Juice Apple Juice	Cranberry Juice Apple Juice
<b>Lunch</b>						
Beef Brisket Oven Browned Potatoes & Onions Spinach Wheat Dinner Roll Margarine Pumpkin Mousse 2% Milk Coffee Hot Tea	Apricot Glazed Pork Loin Baked Potato Sour Cream & Chives Zucchini Wheat Dinner Roll Margarine Blueberries with Topping 2% Milk Coffee Hot Tea	Herbed Chicken Confetti Rice Green Beans Medley Wheat Dinner Roll Margarine Sliced Peaches 2% Milk Coffee Hot Tea	Breaded Fish Fillet Tartar Sauce Chuckwagon Corn Stewed Tomatoes Wheat Dinner Roll Margarine Lemon Bar 2% Milk Coffee Hot Tea	Crispy Potato Chicken Mashed Garlic Cauliflower Broccoli Florets Wheat Dinner Roll Margarine Cinnamon Baked Apples 2% Milk Coffee Hot Tea	Fish Fillet Lemon & Herb Penne Braised Cabbage Wheat Dinner Roll Margarine Apricot Parfait 2% Milk Coffee Hot Tea	Chopped Steak Brown Gravy Rice Pilaf Scandinavian Vegetable Blend Wheat Dinner Roll Margarine Fruit Mix 2% Milk Coffee Hot Tea
<b>Dinner</b>						
Lemon Pepper Fish Cheesy Rice Brussels Sprouts Medley Wheat Dinner Roll Margarine Fruit Parfait 2% Milk Coffee Hot Tea	Turkey Burger on a Bun Lettuce & Tomato Pickled Beet & Onion Salad Peanut Butter Cookie 2% Milk Coffee Hot Tea	Vegetable Quiche Oven Fried Potatoes Yellow Squash Muffin Margarine Praline Crunch Bar 2% Milk Coffee Hot Tea	Vegetable Soup Saltine Crackers Egg Salad Sandwich Sweet Potato Fries Sliced Pears 2% Milk Coffee Hot Tea	Ham & Pea Carbonara Prince Edward Vegetable Blend Wheat Dinner Roll Margarine Chocolate Chip Cake w/Chocolate Frosting 2% Milk Coffee Hot Tea	Turkey Jambalaya with Rice Sliced Carrots Tossed Salad with Dressing Wheat Dinner Roll Margarine Ice Cream Sundae 2% Milk Coffee Hot Tea	Deviled Pork Chop Potato Pancakes Greens Wheat Dinner Roll Margarine Fruit Cheesecake Bar 2% Milk Coffee Hot Tea
<b>HS Snack</b>						
Chilled Water Pretzels	Chilled Water Wheat Toast Margarine	Chilled Water Assorted Cereal Bars	Chilled Water Thin Wheat Crackers	Chilled Water Pretzels	Chilled Water Wheat Toast Margarine	Chilled Water Assorted Cereal Bars

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**Week 4**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sep-11, Oct-09, Nov-06, Dec-04, Jan-01, Jan-29, Feb-26, Mar-26	Sep-12, Oct-10, Nov-07, Dec-05, Jan-02, Jan-30, Feb-27, Mar-27	Sep-13, Oct-11, Nov-08, Dec-06, Jan-03, Jan-31, Feb-28, Mar-28	Sep-14, Oct-12, Nov-09, Dec-07, Jan-04, Feb-01, Mar-01, Mar-29	Sep-15, Oct-13, Nov-10, Dec-08, Jan-05, Feb-02, Mar-02, Mar-30	Sep-16, Oct-14, Nov-11, Dec-09, Jan-06, Feb-03, Mar-03, Mar-31	Sep-17, Oct-15, Nov-12, Dec-10, Jan-07, Feb-04, Mar-04, Apr-01
<b>Breakfast</b>						
Orange Juice Oatmeal Fresh Apple Hard Cooked Egg Fruit Muffin Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Cream of Wheat Fresh Orange Spanish Omelet Biscuit Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Cream of Rice Fresh Banana Sausage Links Waffle Margarine Syrup 2% Milk Coffee Hot Tea	Orange Juice Oatmeal Fresh Apple Vegetable Omelet Wheat Toast Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Cream of Wheat Fresh Orange Sausage Links Pancakes Margarine Syrup 2% Milk Coffee Hot Tea	Orange Juice Cream of Rice Fresh Banana Egg & Hashbrown Casserole Raisin Toast Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Oatmeal Fresh Apple Scrambled Egg with Cheese Coffee Cake 2% Milk Coffee Hot Tea
Cranberry Juice Apple Juice	Cranberry Juice Apple Juice	Cranberry Juice Apple Juice	Cranberry Juice Apple Juice	Cranberry Juice Apple Juice	Cranberry Juice Apple Juice	Cranberry Juice Apple Juice
<b>Lunch</b>						
Chicken Fricassee Potatoes & Carrots Wheat Dinner Roll Margarine Chocolate Cake with Chocolate Frosting 2% Milk Coffee Hot Tea	Ham with Macaroni & Cheese Green Peas Wheat Dinner Roll Margarine Pear Ginger Upside Down Cake 2% Milk Coffee Hot Tea	Tuna Patty Lemon Dill Sauce Potato Wedges Creamy Coleslaw Wheat Dinner Roll Margarine Spiced Fruit Cup 2% Milk Coffee Hot Tea	Beef Stir Fry with Vegetables Fried Rice Wheat Dinner Roll Margarine Black Forest Pudding 2% Milk Coffee Hot Tea	Baked Veal Cutlet Lyonnais Potatoes Roasted Zucchini Wheat Dinner Roll Margarine Poached Pears 2% Milk Coffee Hot Tea	Butter Crumb Fish Northern Beans Hot Cabbage Slaw Wheat Dinner Roll Margarine Lemon Cake w/ Lemon Icing 2% Milk Coffee Hot Tea	Turkey with Cranberry Glaze Oven Roasted Potatoes Brussels Sprouts Wheat Dinner Roll Margarine Sugar Cookie 2% Milk Coffee Hot Tea
<b>Dinner</b>						
Cheddar Baked Fish Seasoned Rice Broccoli Florets Wheat Dinner Roll Margarine Pineapple Chunks 2% Milk Coffee Hot Tea	Cheese Quesadilla Fiesta Corn Black Beans Mandarin Oranges 2% Milk Coffee Hot Tea	Country Pork Chop with Gravy Paprika Noodles Succotash Wheat Dinner Roll Margarine Ice Cream Sundae 2% Milk Coffee Hot Tea	Seafood Patty Cocktail Sauce Loaded Baked Potato Winter Vegetable Blend Wheat Dinner Roll Margarine Strawberries with Topping 2% Milk Coffee Hot Tea	Hungarian Pork Tips Parslied Rice Caribbean Vegetable Blend Wheat Dinner Roll Margarine Texas Gold Bar 2% Milk Coffee Hot Tea	French Onion Soup Saltine Crackers Chicken Caesar Wrap Home Fries Peach Fruit & Yogurt Parfait 2% Milk Coffee Hot Tea	Hamburger on a Bun Lettuce Tomato Onion & Pickle Parslied Carrots Stewed Apples 2% Milk Coffee Hot Tea
<b>HS Snack</b>						
Chilled Water Thin Wheat Crackers	Chilled Water Pretzels	Chilled Water Wheat Toast Margarine	Chilled Water Assorted Cereal Bars	Chilled Water Thin Wheat Crackers	Chilled Water Pretzels	Chilled Water Wheat Toast Margarine