





TOUCHING LIVES LIFTING SPIRITS		ARBOR WALK HEALTHCARE CENTER				JANUARY 2023	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 10:00 PRAISE / WORSHIP 11:00 MUSIC THERAPY 2:00 FAMILY & FRIEND 3:00 CHECKERS HAPPY NEW YEAR'S! 2023	2 10:00 EXERCISE 10:30 CLIPPING COUPONS 2:00 RESIDENTS COUNCIL MEETING 4:00 MATCHING CARDS	3 10:00 DEACON DARNELLE 11:00 EXERCISE 2:00 BEADING JEWELRY 3:00 CHECKER 4:00 FAMILY FUED 6:00 BALLON TOSS	4 10:00 EXERCISE 10:30 MUSIC THERAPY 2:00 TIC -TAC-TOE 3:00 BRAGGING TIMES 4:00 Men group 6:00 Nightly News	5 10:00 BRO.GONZALES 10:30 MATCHING CARD 2:00 BINGO 3:00 COLORING 4:00 PLAYING TENNIS 6:00 PUZZLES	6 10:00 WALMART 10:30 REMINISING 2:00 CLUB ARBOR WALK 3:00 SPADE GAME 4:00 BUILDING BLOCKS 6:00 UNO	7 10:00 EXERCISE 11:00 MT.ZION 2:00 WESTERN MOVIES 3:00 PUZZLE	
8 10:00 PRAISE /WORSHIP 11:00 MUSIC THERAPY 2:00 OUTSIDE TIME 3:00 CONNECT 4	9 10:00 EXERCISE 10:30 CLIPPING COUPONS 2:00 PUZZLES 4:00 MATCHING CARDS	10 10:00 DEACON DARNELLE 11:00 EXERCISE 2:00 RINGO TOSS 3:00 BOARD GAMES 4:00 TIC TAC TOE 6:00 SHARPEN UR SENSES	11 10:00 BEADING JEWELRY 10:30 PUZZLES 2:00 TIC TAC TOE 3:00 WOMENS GROUP 4:00 CHECKERS 6:00 WHEEL OF FORTUNE	12 10:00 BRO. GONZALES 10:30 FOUR IN A ROW 11:00 CURRENT EVENTS 2:00 BINGO 3:00 MUSIC THERAPY 4:00 VOLLEY BALL 6:00 DRAWING	13 10:00 WALMART 11:00 UNO 2:00 CLUB ARBOR WALK 3:00 CARD GAMES 4:00 REMINISING 6:00 NIGHTLY NEWS	14 10:00 EXERCISE 11:00 MT ZION 2:00 PLAYING SPADE 3:00 ROLLING THE DICE	
15 10:00 PRAISE/WORSHIP 11:00 DRAWING 2:00 REV JACKSON 3:00 MUSIC THERAPY	16 10:00 EXERCISE 10:30 BUILDING BLOCKS 2:00 MARTIN L.KING JR DAY 3:00 ARTS & CRAFTS 4:00 SOCIAL HOUR	17 10:00 DEACON DARNELLE 11:00 EXERCISE 2:00 PRICE IS RIGHT 3:00 CHECKER 4:00 FAMILY FUED 6:00 BALLON TOSS	18 10:00 EXERCISE 10:30 MUSIC THERAPY 2:00 ICE CREAM SOCIAL 3:00 BRAGGING TIMES 4:00 Men group 6:00 Nightly News	19 10:00 BRO, GONZALES 10:30 ROLLING DICE 11:00 PUZZLE 2:00 BINGO 3:00 KARAOKE 4:00 VOLLEY BALL 6:00 SHARPEN UR SENSES	20 10:00 WALMART 10:30 MATCHING CARDS 2:00 CLUB ARBOR WALK 3:00 CARD GAMES 4:00 DOMINOES 6:00 BOWLING	21 10:00 EXERCISE 11:00 MT. ZION 2:00 MUSIC THERAPY 3:00 TIC-TAC-TOE	
22 10:00 WORSHIP HOUR 11:00 101 BLESSING 2:00 FAMILY AND FRIEND 3:00 GOSPEL MUSIC	23 10:00 EXERCISE 10:30 BEADING BRACELETS 2:00 NAIL POLISHING 3:00 BOARD GAMES 4:00 SENSORY STIMULATION	24 10:00 DEACON DARNELLE 11:00 EXERCISE 2:00 POPCORN / MOVIES 4:00 SMELL YOUR SCENTS 6:00 TENNIS	25 10:00 EXERCISE 10:30 SORTING BUTTONS 2:00 BINGO 3:00 TENNISE BALL 4:00 OUTSIDE TIME 6:00 PUZZLE	26 10:00 BRO. GONZALES 10:30 MEMORY LANE 11:00 SPELLING BEE 2:00 BINGO 4:00 ART & CRAFTS	27 10:00 WALMART 10:30 HAND MASSAGE 2:00 SPADE TOURNAMENT 3:00 SOCIAL HOUR 4:00 MUSIC THERAPY 6:00 UNO	28 10:00 EXERCISE 11:00 MT.ZION 2:00 PLAYING SPADE 3:00 PITCHING PENNIES	
29 10:00 PRAISE / WORSHIP 11:00 WORD SEARCH PUZZLE 2:00 REV JACKSON 3:00 GOSPEL MUSIC MERRY CHRISTMAS	30 10:00 EXERCISE 10:30 COLORING 2:00 SORTING BUTTONS 3:00 FOUR IN A ROW 4:00 ALL ABOUT ME 6:00 NIGHTLY NEWS	31 10:00 DEACON DARNELLE 11:00 EXERCISE 2:00 BIRTHDAY PARTY 4:00 MUSIC THERAPY 6:00 Arts & craft		ADMINISTRATOR: FONTELLA DELANEY 662-335-5863		ACTIVITY DIRECTOR Patricia T. POWELL ACTIVITY ASSISTANT DEBBIE HOSKINS 662-335-5863	
CALENDAR SUBJECT TO CHANGE		 DIAMONDS	 RUBY	 PEARLS	 EMERALDS	RESIDENT COUNCIL PRES. VICE PRESIDENT LINDA JONES	