


RIVER HEIGHTS HEALTHCARE

JANUARY 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|--|---|
| <p>PRESIDENT: ARNOLD COLLINS</p> <p>VICE PRESIDENT: LOIS ROSS</p> <p>CALENDAR SUBJECT TO CHANGE:</p> |  | | | | | |
| <p>1. 10:00 MORNING WORSHIP 10:30 SNACK 2:00 FAMILY & FRIENDS DAY!! 3:30 SENSES 4:30 ON THE PATIO</p> | <p>2. 10:00 BRO. GONZALES 10:30 SNACK 2:00 RACKET BALL 3:30 PAINTING</p> <p>10:00BRO.</p> | <p>3. 10:00 BEAUTY & BARBER 10:30 SNACK 2:00 MOVIE/POPCORN 3:30 COLORING 4:30 SPADES TOURNAMENT</p> | <p>4. 10:00 DAILY DEVOTION 10:30 SNACK 2:00 ICE CREAM SOCIAL 3:30 CONNECT FOUR 4:30 DRAWING</p> | <p>5. 10:00 EXERCISR HOUR 10:30 SNACK 2:00 WALMART 3:30 TRIVIA 4:30 SENSORY STIMULATION</p> | <p>6. 10:00 MR. VALENTINE 10:30 SNACK 2:00 BINGO 3:30 SORTING BUTTONS 4:30 MUSIC HOUR (BLUES)</p> | <p>7. 10:00 MS WILSON 10:30 SNACK 2:00 MINISTER SILAS 3:30 POPCORN MOVIE 4:30 CHECKERS</p> |
| <p>8. 10:00 GOSPEL HOUR 10:30 SNACK 2:00 BEADS 3:30 SHOOT YOUR SHOT 4:30 KAROKE</p>  | <p>9. 10:00 BRO. GONZALES 10:30 SNACK 2:00 BEAN TOSS 3:30 REMINISCE HOUR</p> | <p>10. 10:00 MORNING EXERCISE 10:30 SNACK 2:00 RESIDENT COUNCIL MEETIN G 3:30 TIC-TAC-TOE 4:30 JENGA</p> | <p>11. 10:00 CURRENT EVENTS 10:30 SNACKS 2:00 MEN GROUP 3:30 DOMINOES 4:30 PUZZLES</p> | <p>12. 10:00 EXERCISE 10:30 SNACK 2:00 WALMART OUTING 3:30 WORD SEARCH 4:30 NEWS HOUR</p> | <p>13. 10:00 MR. VALENTINE 10:30 SNACK 2:00 BINGO 3:30 CHAIR EXERCISE 4:30 SING-A-LONG</p> | <p>14. 10:00 MS WILSON 10:30 SNACK 2:00 NEW MOUNT ZION 3:30 RING TOSS 4:30 NAIL POLISHING</p> |
| <p>15. 10:00 CHURCH ON TV 10:30 SNACK 2:00 BOWLING 3:30 PICTURE COLORING 4:30 MATCHING CARDS</p> | <p>16. 10:00 BRO. GONZALES 10:30 SNACK 2:00 M.L.K DAY!!! 3:30 PITCHING PENNIES</p> | <p>17. 10:00 BEAUTY & BARBER 10:30 SNACK 2:30 MOVIE/POPCORN 3:30 OUTSIDE TIME 4:30 NAIL POLISHING</p> | <p>18. 10:00 EXERCISE 10:30 SNACK 2:30 MOVIE TIME (WESTERN) 3:30 COLORING 4:30 WHEEL OF FORTUNE</p> | <p>19. 10:00 CHURCH 10:30 SNACK 2:00 SOLITAIRE FRENZY 3:30 SMELL YOUR SCENTS 4:00 LOOKING FOR SUNSHINE (OUTSIDE)</p> | <p>20. 10:00 MR. VALENTINE 10:30 SNACK 2:00 BINGO 4:30 MUSIC HOUR (OLDIES)</p> | <p>21. 10:00 MS WILSON 10:30 SNACK 2:00 MINISTER SILAS 3:30 SIMON SAYS 4:30 TABLE GAMES</p> |
| <p>22.. 10:00 WORSHIP HOUR 10:30 SNACKS 2:00 DAILY BREAD READING 3:30 CURRENTS EVENTS 4:30 TALENT SHOW</p> | <p>23. 10:00 BRO. GONZALES 10:30 SNACK 2:00 HEAD/SHOULDER/KNEES 3:30 BALL TOSS</p> | <p>24. 10:00 EXERCISE 10:30 SNACK 2:00 MOVIE & POPCORN (ACTION) 3:00 BUILD A TOWER 4:30 CHESS</p> | <p>25. 10:00 DAILY BREAD 10:30 SNACK 2:00ARTS & CRAFTS 3:30 NAIL POLISH 4:30 BASKETBALL</p> | <p>26. 0:00 CURRENT EVENTS 10:30 SNACK 2:00 FAMILY FUED 3:30 BEADS!! BEADS!! 4:30 BOWLING</p> | <p>28 10:00 MR. VALENTINE 10:30 SNACK 2:00 BIRTHDAY PARTY!!!! 3:30 SING!! SING!! 4:30 UNO TOURNAMENT</p> | <p>29 10:00 MR. WILSON 10:30 SNACK 2:00 NEW MOUNT ZION 3:30 BOOK READING 4:30 BALL TOSS</p> |
| <p>30. 10:00 SPIRITUAL READING 10:30 SNACKS 2:00 FAMILY & FRIENDS VISITATION 3:30 UNO 4:30 T.V. TIME</p> | <p>31. 10:00 BRO. GONZALES 10:30 SNACK 2:00 BOWLING 3:30 FLASH CARDS</p> |  <p>1ST GROUP /PEARLS</p> |  <p>GRAND REUNION</p> | <p>ACT.DIRECTOR: LAKETTA LARRY 662-332-0318 Fax 662-335-7892 ACTIVITY ASST. ELIZABETH JORDAN</p> | <p>ADMINISTRATOR JOHN MCDANIEL</p> <p>RIVER HEIGHTS HEALTHCARE</p> | |