

Menu Press Cycle I, 2023 - Week 1 Service for 2/13/2023, 3/13/2023, 4/10/2023, 5/8/2023, 6/5/2023, 7/3/2023, 7/31/2023, 8/28/2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Orange Juice Apple Juice Oatmeal Apple Whole Fresh Baked Western Omelet Wheat Toast Margarine Jelly 2% Milk Hot Tea Coffee	Orange Juice Apple Juice Cream of Wheat Fresh Whole Orange Pancakes Sausage Links Margarine Syrup 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Cream of Rice Banana Scrambled Egg with Cheese Wheat English Muffin Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Oatmeal Apple Whole Fresh Waffle Sausage Links Margarine Syrup 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Cream of Wheat Fresh Whole Orange Scrambled Eggs Biscuit Sausage Gravy 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Cream of Rice Banana French Toast Hard Cooked Egg Margarine Syrup 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Oatmeal Apple Whole Fresh Breakfast Bake Bacon Cinnamon Wheat Toast 2% Milk Coffee Hot Tea
LUNCH						
Roast Beef Brown Gravy Cheesy Potatoes Baby Carrots Wheat Dinner Roll Margarine Strawberries and Cream 2% Milk Coffee Hot Tea	Garlic Herb Pork Loin Roasted Red Potatoes Green Beans Wheat Dinner Roll Margarine Chocolate Chip Cookie 2% Milk Coffee Hot Tea	Rotisserie Style Turkey Scalloped Corn Brussels Sprouts Wheat Dinner Roll Margarine Chocolate Eclair Bar 2% Milk Coffee Hot Tea	Beef Stir Fry with Vegetables Steamed Rice Wheat Dinner Roll Margarine Fruit Crisp 2% Milk Coffee Hot Tea	Crispy Baked Chicken Macaroni & Cheese Green Peas Wheat Dinner Roll Margarine German Chocolate Cake 2% Milk Hot Tea Coffee	Baked Fish with Paprika Home Fries Braised Red & Green Cabbage Wheat Dinner Roll Margarine Fruited Gelatin 2% Milk Hot Tea Coffee	Smothered Steak Romanoff Noodles Mixed Vegetables Wheat Dinner Roll Margarine Rosy Pears 2% Milk Hot Tea Coffee
DINNER						
Grilled Chicken Salad Pasta Salad Breadstick Margarine Orange Cake with Frosting 2% Milk Coffee Hot Tea	Cream of Tomato Soup Saltine Crackers Grilled Two Cheese Sandwich Capri Vegetable Blend Mandarin Oranges 2% Milk Hot Tea Coffee	Shrimp Newburg Spaghetti Spring Mix Salad & Dressing Wheat Dinner Roll Margarine Blushing Bananas 2% Milk Coffee Hot Tea	Sliced Baked Ham Sweet Potato Souffle Creamy Southern Coleslaw Cornbread Margarine Orange Sherbet 2% Milk Coffee Hot Tea	Beef Quesadilla Black Beans Fajita Vegetable Blend Scalloped Apples 2% Milk Hot Tea Coffee	Reuben Sandwich Potato Chips Broccoli Salad Sugar Cookie 2% Milk Hot Tea Coffee	Bratwurst Links Potato Pancakes Sliced Beets Wheat Dinner Roll Margarine S'more Pudding Parfait 2% Milk Hot Tea Coffee

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Orange Juice Apple Juice Cream of Wheat Fresh Whole Orange Cheddar Egg Bake Fruit Muffin Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Cream of Rice Banana Scrambled Egg with Cheese Wheat Toast Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Oatmeal Apple Whole Fresh Hard Cooked Egg Raisin Toast Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Cream of Wheat Fresh Whole Orange Baked Omelet Bacon Wheat English Muffin Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Cream of Rice Banana Waffle Sausage Links Margarine Syrup 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Oatmeal Apple Whole Fresh Baked Cheese Omelet Coffee Cake 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Cream of Wheat Fresh Whole Orange Pancakes Sausage Links Margarine Syrup 2% Milk Coffee Hot Tea
LUNCH						
Honey Glazed Turkey Baked Sweet Potatoes Savory Spinach Wheat Dinner Roll Margarine Marble Cake with Frosting 2% Milk Hot Tea Coffee	Baked Veal Cutlet Brown Gravy Noodles Baked Tomatoes Wheat Dinner Roll Margarine Cinnamon Applesauce 2% Milk Coffee Hot Tea	Apple Ginger Pork Chop Oven Roasted Potatoes Seasoned Zucchini Wheat Dinner Roll Margarine Peach Crisp 2% Milk Coffee Hot Tea	Chicken Dijon Rice Pilaf Prince Edward Vegetable Blend Wheat Dinner Roll Margarine Hello Dolly Bar 2% Milk Coffee Hot Tea	Glazed Baked Ham Black-Eyed Peas Greens Wheat Dinner Roll Margarine Cherry Pineapple Gelatin 2% Milk Hot Tea Coffee	Fish Kiev Lemon & Herb Penne Multi-Color Cauliflower Wheat Dinner Roll Margarine Pears & Apricots 2% Milk Coffee Hot Tea	Roast Beef Au Jus Red Potatoes Calico Cabbage Wheat Dinner Roll Margarine Banana Cream Pie 2% Milk Coffee Hot Tea
DINNER						
Cheese Frittata Wild Blend Rice Caribbean Vegetable Blend Wheat Dinner Roll Margarine Fruit Cup 2% Milk Coffee Hot Tea	Fish Fillet Tartar Sauce Potato Wedges Marinated Vegetable Salad Wheat Dinner Roll Margarine Ice Cream Sundae 2% Milk Coffee Hot Tea	Pasta Fagioli Soup Saltine Crackers Vegetable Wrap Italian Pasta Salad Carrot Bean Salad Chocolate Pudding Parfait 2% Milk Coffee Hot Tea	Taco Salad Confetti Corn Salad Mandarin Oranges & Bananas 2% Milk Coffee Hot Tea	Cheeseburger French Fries Garden Salad with Dressing Oatmeal Raisin Cookie 2% Milk Coffee Hot Tea	Turkey Pot Pie Brussels Sprouts Wheat Dinner Roll Margarine Peanut Butter Bar 2% Milk Coffee Hot Tea	Sweet & Sour Pork Steamed Rice Oriental Vegetable Blend Wheat Dinner Roll Margarine Blueberries & Peaches 2% Milk Coffee Hot Tea

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Orange Juice Apple Juice Cream of Rice Banana Huevos Rancheros Hashbrowns 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Oatmeal Apple Whole Fresh Waffle Sausage Links Margarine Syrup 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Cream of Wheat Fresh Whole Orange Scrambled Eggs Biscuit Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Cream of Rice Banana Breakfast Bake Cinnamon Wheat Toast 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Oatmeal Apple Whole Fresh French Toast Sausage Links Margarine Syrup 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Cream of Wheat Fresh Whole Orange Hard Cooked Egg Wheat Toast Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Cream of Rice Banana Scrambled Egg with Cheese Wheat English Muffin Margarine Jelly 2% Milk Coffee Hot Tea
LUNCH						
Marinated Chicken Potatoes Anna Baby Carrots Wheat Dinner Roll Margarine Berry Cup 2% Milk Coffee Hot Tea	Pork Cutlet Supreme Seasoned Rice Peas & Mushrooms Wheat Dinner Roll Margarine Caramel Brownie 2% Milk Coffee Hot Tea	Cornflake Fish Garlic Mashed Cauliflower Squash Medley Wheat Dinner Roll Margarine Peaches & Cream 2% Milk Coffee Hot Tea	Roast Turkey Turkey Gravy Parslied Rice Succotash Wheat Dinner Roll Margarine Snickerdoodle Cookie 2% Milk Coffee Hot Tea	BBQ Beef Brisket Whipped Sweet Potatoes Baked Beans Cornbread Margarine Mandarin Orange Delight Gelatin 2% Milk Coffee Hot Tea	Maple Glazed Ham Macaroni & Cheese Brussels Sprouts Wheat Dinner Roll Margarine Pudding Swirl 2% Milk Coffee Hot Tea	Beef Tips with Mushroom Gravy Noodles Zucchini Wheat Dinner Roll Margarine Chocolate Peanut Butter Square 2% Milk Coffee Hot Tea
DINNER						
Italian Beef Sandwich Sauteed Peppers & Onions Orange Sherbet 2% Milk Coffee Hot Tea	Cheese Strata Sweet Potato Wedges Spinach Wheat Dinner Roll Margarine Fruit Parfait 2% Milk Coffee Hot Tea	Corn Chowder Saltine Crackers Ham & Swiss Wrap Cucumber Sour Cream Salad Cheesecake 2% Milk Coffee Hot Tea	Vegetable Pasta Primavera Tossed Salad with Dressing Garlic Bread Sliced Apples 2% Milk Coffee Hot Tea	Stuffed Tomato w/ Turkey Salad Tri-Color Pasta Salad Wheat Dinner Roll Margarine Lime Dream Cake 2% Milk Coffee Hot Tea	Chicken Club Sandwich Onion Rings Multi-Color Cauliflower Blushing Pears 2% Milk Coffee Hot Tea	Lemon Pepper Pork Loin Parslied Potatoes Pickled Beet & Onion Salad Wheat Dinner Roll Margarine Pineapple with Strawberries 2% Milk Coffee Hot Tea

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BREAKFAST						
Orange Juice Apple Juice Oatmeal Apple Whole Fresh Hard Cooked Egg Fruit Muffin Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Cream of Wheat Fresh Whole Orange Baked Spanish Omelet Biscuit Margarine Jelly 2% Milk Hot Tea Coffee	Orange Juice Apple Juice Cream of Rice Banana Waffle Sausage Links Margarine Syrup 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Oatmeal Apple Whole Fresh Baked Vegetable Omelet Wheat Toast Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Cream of Wheat Fresh Whole Orange Pancakes Sausage Links Margarine Syrup 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Cream of Rice Banana Egg & Hashbrown Bake Raisin Toast Margarine Jelly 2% Milk Coffee Hot Tea	Orange Juice Apple Juice Oatmeal Apple Whole Fresh Scrambled Egg with Cheese Bacon Coffee Cake 2% Milk Coffee Hot Tea
LUNCH						
Hawaiian Ham Cheesy Rice Steamed Okra Wheat Dinner Roll Margarine Coconut Cream Cake 2% Milk Coffee Hot Tea	Salmon Patty Lemon Dill Sauce Parmesan Noodles California Vegetable Blend Wheat Dinner Roll Margarine Fruit Gelatin with Marshmallows 2% Milk Coffee Hot Tea	Baked Thyme Chicken Oven Brownd Potatoes Savory Summer Squash Wheat Dinner Roll Margarine Apple Crisp 2% Milk Coffee Hot Tea	Roast Turkey Diane Egg Noodles Green Beans Wheat Dinner Roll Margarine Poached Pears 2% Milk Coffee Hot Tea	Italian Meatloaf Garlic Mashed Potatoes Italian Vegetable Blend Wheat Dinner Roll Margarine Fruit Cobbler 2% Milk Coffee Hot Tea	Baked Herb Fish Fried Potatoes & Onions Baby Carrots Wheat Dinner Roll Margarine Peanut Butter Cookie 2% Milk Coffee Hot Tea	Baked Chicken Cheesy Grits Spinach Wheat Dinner Roll Margarine Apricot Parfait 2% Milk Coffee Hot Tea
DINNER						
Bacon Wrapped Beef Patty Creamed Potatoes Delmonico Tomatoes Wheat Dinner Roll Margarine Fruit Salad 2% Milk Coffee Hot Tea	Pork Carnitas Refried Beans Marinated Cucumber Salad Flour Tortilla Churros 2% Milk Coffee Hot Tea	Thin Crust Cheese Pizza Caesar Salad Breadstick Margarine Ice Cream Sundae 2% Milk Coffee Hot Tea	Fried Catfish Tartar Sauce Battered Corn Nuggets Hot Cabbage Slaw Wheat Dinner Roll Margarine Lemon Cake w/ Lemon Icing 2% Milk Coffee Hot Tea	Chicken Rice Soup Saltine Crackers Deli Sandwich Creamy Vegetable Salad Pineapple Chunks 2% Milk Coffee Hot Tea	Breaded Pork Chop Confetti Rice Butter Beans Wheat Dinner Roll Margarine Diced Peaches 2% Milk Coffee Hot Tea	Pepper Steak with Gravy Rissole Potatoes Sugar Snap Peas Wheat Dinner Roll Margarine Rice Crunchie Treat Bar 2% Milk Coffee Hot Tea