Menu Press Cycle II, 2023-2024 - Week 1 Service for 08/21/2023, 09/18/2023, 10/16/2023, 11/13/2023, 12/11/2023, 01/08/2024, 02/05/24, 03/04/2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			BREAKFAST			
Orange Juice	Apple Juice	Orange Juice	Apple Juice	Orange Juice	Apple Juice	Orange Juice
Oatmeal	Cream of Wheat	Cream of Rice	Oatmeal	Cream of Wheat	Cream of Rice	Oatmeal
Fresh Whole Apple	Fresh Whole Orange	Banana	Fresh Whole Apple	Fresh Whole Orange	Banana	Fresh Whole Apple
Pancakes	Scrambled Eggs	Breakfast Bake	Hard Cooked Egg	Scrambled Eggs	Waffle	<b>Baked Cheese Omelet</b>
Sausage Patty	Cinnamon Wheat	<b>Wheat English Muffin</b>	Wheat Toast	Hashbrown Patty	Sausage Patty	Bacon
Margarine	Toast	Margarine	Margarine	Biscuit	Margarine	Raisin Toast
Syrup	2% Milk	Jelly	Jelly	Margarine	Syrup	Margarine
2% Milk	Coffee	2% Milk	2% Milk	Jelly	2% Milk	Jelly
Coffee		Coffee	Coffee	2% Milk	Coffee	2% Milk
				Coffee		Coffee
		·	LUNCH			
Roast Beef Au Jus	Sliced Baked Ham	Chicken Teriyaki	Swedish Meatballs	Baked Pork Chop	Baked Fish with	Rotisserie Chicken
Sour Cream Mashed	Scalloped Corn	Fried Rice	Noodles	Bread Dressing	Parsley Butter	Macaroni & Cheese
Potatoes	Spinach	Stir Fry Vegetable	Peas & Mushrooms	Multi-Color	Chuckwagon Corn	Stewed Tomatoes
Green Beans	Wheat Dinner Roll	Blend	Wheat Dinner Roll	Cauliflower	Roasted Broccoli	Wheat Dinner Roll
Wheat Dinner Roll	Margarine	Wheat Dinner Roll	Margarine	Wheat Dinner Roll	Wheat Dinner Roll	Margarine
Margarine	Blushing Pears	Margarine	Orange Sherbet	Margarine	Margarine	Apricot Halves
Fruit Cobbler	2% Milk	New York Style	2% Milk	Sliced Apples	Harvest Cake	2% Milk
2% Milk	Coffee	Cheesecake 2% Milk	Coffee	2% Milk Coffee	2% Milk Coffee	Coffee
Coffee						
		Coffee				
			DINNER			
<b>Lemon Pepper Turkey</b>	Mostaccioli with	Citrus Fish	Minestrone Soup	<b>Chicken Tenders</b>	<b>Deep Dish Cheese</b>	<b>Breaded Shrimp</b>
Lyonnaise Rice	Meatsauce	Baked Potato	Saltine Crackers	<b>Honey Mustard Sauce</b>		Cocktail Sauce
Roasted Beets &	Brussels Sprouts	Sour Cream	Turkey Salad	Sweet Whipped	Caesar Salad	<b>Potato Wedges</b>
Carrots	Garlic Bread	Creamy Coleslaw	Sandwich	Carrots	Breadstick	Capri Vegetable Blend
Wheat Dinner Roll	Chocolate Chip Cookie	Wheat Dinner Roll	Sweet Potato Fries	Succotash	Margarine	Wheat Dinner Roll
Margarine	2% Milk	Margarine	Cranberry Tossed	Wheat Dinner Roll	Deluxe Fruit Salad	Margarine
Pineapple Tidbits	Coffee	Spiced Fruit Cup	Salad	Margarine	2% Milk	<b>Chocolate Brownie</b>
2% Milk		2% Milk	Diced Peaches	Mixed Berry Dessert	Coffee	2% Milk
Coffee		Coffee	2% Milk	Bar		Coffee
			Coffee	2% Milk		
				Coffee		

Menu Press Cycle II, 2023-2024 - Week 2 Service for 08/28/2023, 09/25/2023, 10/23/2023, 11/20/2023, 12/18/2023, 1/15/2024, 02/12/2024, 03/11/2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			BREAKFAST			
Apple Juice	Orange Juice	Apple Juice	Orange Juice	Apple Juice	Orange Juice	Apple Juice
Cream of Wheat	Cream of Rice	Oatmeal	Cream of Wheat	Cream of Rice	Oatmeal	<b>Cream of Wheat</b>
Fresh Whole Orange	Banana	Fresh Whole Apple	Fresh Whole Orange	Banana	Fresh Whole Apple	Fresh Whole Orange
Scrambled Eggs	Scrambled Egg with	Pancakes	Egg & Hashbrown	Waffle	Scrambled Egg with	Hard Cooked Egg
Biscuit	Cheese	Sausage Patty	Bake	Sausage Patty	Cheese	Wheat English Muffi
Sausage Gravy	Fruit Muffin	Margarine	Wheat Toast	Syrup	Coffee Cake	Margarine
2% Milk	Margarine	Syrup	Margarine	Margarine	2% Milk	Jelly
Coffee	Jelly	2% Milk	Jelly	2% Milk	Coffee	2% Milk
	2% Milk	Coffee	2% Milk	Coffee		Coffee
	Coffee		Coffee			
			LUNCH			
Honey Glazed Ham	Turkey Croquette	Meatloaf	Rancher's Chicken	<b>Country Pork Loin</b>	Lasagna	Herbed Turkey
Baked Sweet Potatoes	<b>Turkey Gravy</b>	<b>Company Potatoes</b>	Whole Kernel Corn	with Gravy	Italian Vegetable	<b>Turkey Gravy</b>
Spinach	Garden Blend Rice	<b>Green Beans</b>	Cauliflower	<b>Bread Dressing</b>	Blend	Rice Pilaf
Wheat Dinner Roll	Broccoli & Cheddar	Wheat Dinner Roll	Wheat Dinner Roll	Baby Carrots	Garlic Bread	Yellow Squash
Margarine	Gratin	Margarine	Margarine	Wheat Dinner Roll	Fruit Fling	Wheat Dinner Roll
Blueberry Vanilla	Wheat Dinner Roll	Hot Apples	Praline Bar	Margarine	2% Milk	Margarine
Cake	Margarine	2% Milk	2% Milk	Fruit Crisp	Coffee	Pumpkin Square
2% Milk	Mandarin Orange	Coffee	Coffee	2% Milk		2% Milk
Coffee	Gelatin			Coffee		Coffee
	2% Milk					
	Coffee					
			DINNER			
Beef Tips with	Veggie Hamburger	Tuna Noodle	Tomato Basil Soup	<b>Open-Faced Roast</b>	<b>Butter Crumb Tilapia</b>	<b>Pork Medallions</b>
Mushroom Gravy	Onion Rings	Casserole	Saltine Crackers	Beef Sandwich	Garlic Roasted Potato	Pinto Beans
Noodles	<b>Marinated Cucumber</b>	Green Peas	<b>Grilled Cheese</b>	Mashed Potatoes	Wedges	Winter Vegetable
Prince Edward Vegetable Blend	Salad	Wheat Dinner Roll	Sandwich	Zucchini	Calico Coleslaw	Blend
Wheat Dinner Roll	Chocolate Cake Chocolate Frostng	Margarine	Garden Salad with Dressing	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll
Margarine	2% Milk	Assorted Ice Cream	Cherry Banana	Margarine	Margarine	Margarine
Fruit Cup	Coffee	2% Milk	Gelatin	Pudding Swirl	Snickerdoodle Cookie	Pineapple Chunks
2% Milk	Confee	Coffee	2% Milk	2% Milk	2% Milk	2% Milk
Coffee			Coffee	Coffee	Coffee	Coffee

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Menu Press Cycle II, 2023-2024 - Week 3 Service for 09/04/2023, 10/02/2023, 10/30/2023, 11/27/2023, 12/25/2023, 01/22/2024, 02/19/2024, 03/18/2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			BREAKFAST			
Orange Juice	Apple Juice	Orange Juice	Apple Juice	Orange Juice	Apple Juice	Orange Juice
Cream of Rice	Oatmeal	Cream of Wheat	Cream of Rice	Oatmeal	Cream of Wheat	Cream of Rice
Banana	Fresh Whole Apple	Fresh Whole Orange	Banana	Fresh Whole Apple	Fresh Whole Orange	Banana
Scrambled Eggs	Waffle	<b>Baked Cheese Omelet</b>	Hard Cooked Egg	Scrambled Eggs	Cheddar Egg Bake	French Toast
Wheat Toast	Sausage Patty	Raisin Toast	Biscuit	Bacon	Coffee Cake	Sausage Patty
Margarine	Margarine	Margarine	Margarine	Pancakes	2% Milk	Margarine
Jelly	Syrup	Jelly	Jelly	Margarine	Coffee	Syrup
2% Milk	2% Milk	2% Milk	2% Milk	Syrup		2% Milk
Coffee	Coffee	Coffee	Coffee	2% Milk		Coffee
				Coffee		
			LUNCH			·
Pot Roast	Rosemary Chicken	Baked Veal Cutlet	Swiss Steak with	Baked Pork Chop	Breaded Fish Fillet	Garlic Herb Pork Loin
Potatoes & Carrots	Wild Blend Rice	Brown Gravy	Gravy	Macaroni & Cheese	Tartar Sauce	Parmesan Risotto
Wheat Dinner Roll	Roasted Beets	Sour Cream Mashed	Egg Noodles	Capri Vegetable Blend	d Oven Roasted	<b>Green Peas</b>
Margarine	Wheat Dinner Roll	Potatoes	Green Beans Medley Wheat Dinner Roll	Wheat Dinner Roll Margarine	Potatoes	Wheat Dinner Roll
Apple Pie	Margarine	Scandinavian			Broccoli Florets	Margarine
2% Milk	Rosy Pears	Vegetable Blend	Margarine	Orange Sherbet	Wheat Dinner Roll	Peaches & Cream
Coffee	2% Milk	Wheat Dinner Roll	Applesauce Swirl	2% Milk	Margarine	2% Milk
	Coffee	Margarine	Cake	Coffee	Lemon Meringue Pie	Coffee
		Fruited Gelatin	2% Milk Coffee		2% Milk	
		2% Milk			Coffee	
		Coffee				
			DINNER			
Salmon Patty	Pit Ham	Mushroom Barley	Chicken Enchilada	<b>BBQ Beef Platter</b>	Turkey a la King	Sloppy Joe Sandwich
Creamy Dill Sauce	<b>Baked Beans</b>	Soup	Corn & Bean Vegetable Blend	<b>Loaded Baked Potato</b>	White Rice	Tater Tots
Lemon & Herb Penne	<b>Brussels Sprouts</b>	Saltine Crackers		Spinach	Sliced Carrots	Creamy Coleslaw
Mixed Vegetables	Medley	Egg Salad Sandwich	Tossed Salad with Dressing	Cornbread	Biscuit	Chocolate Tango
Wheat Dinner Roll	Wheat Dinner Roll	Marinated Tomato Salad	Tropical Fruit Dream	Margarine	Margarine	Pudding
Margarine	Margarine	Blondie Brownie	2% Milk	Fruit Parfait	Pineapple with	2% Milk
Mandarin Oranges	Peanut Butter Cookie	2% Milk	2% MIIK Coffee	2% Milk Coffee	Strawberries	Coffee
2% Milk	2% Milk				2% Milk	
Coffee	Coffee	Coffee			Coffee	

Menu Press Cycle II, 2023-2024 - Week 4 Service for 09/11/2023, 10/09/2023, 11/06/2023, 12/04/2023, 01/01/2024, 01/29/2024, 02/26/2024, 03/25/2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			BREAKFAST			
Apple Juice	Orange Juice	Apple Juice	Orange Juice	Apple Juice	Orange Juice	Apple Juice
Oatmeal	Cream of Wheat	Cream of Rice	Oatmeal	Cream of Wheat	Cream of Rice	Oatmeal
Fresh Whole Apple	Fresh Whole Orange	Banana	Fresh Whole Apple	<b>Fresh Whole Orange</b>	Banana	Fresh Whole Apple
Scrambled Eggs	Waffle	Scrambled Egg with	Pancakes	Hard Cooked Egg	Scrambled Eggs	<b>Baked Cheese Omele</b>
Wheat Toast	Sausage Patty	Cheese	Sausage Patty	Hashbrown Patty	Bacon	Fruit Muffin
Margarine	Margarine	Wheat English Muffin	Margarine	Wheat Toast	French Toast	Margarine
Jelly	Syrup	Margarine	Syrup	Margarine	Margarine	Jelly
2% Milk	2% Milk	Jelly	2% Milk	Jelly	Syrup	2% Milk
Coffee	Coffee	2% Milk	Coffee	2% Milk	2% Milk	Coffee
		Coffee		Coffee	Coffee	
			LUNCH			
Turkey with	Fish Kiev	Fried Chicken	<b>Braised Stew Beef</b>	Ham Steak	Baked Chicken	Veal Piccata
Cranberry Glaze	<b>Braised Cabbage and</b>	Red Potatoes	Tips w/ Gravy	Southern Sweet	Cheesy Rice	Garlic Pasta
Cornbread Dressing	Carrots	Spinach Souffle	<b>Buttered Noodles</b>	Potatoes	Seasoned Zucchini	Green Peas
Green Bean Casserole	Squash Medley	Wheat Dinner Roll	Roasted Carrots	Corn & Bean	Biscuit	Wheat Dinner Roll
Wheat Dinner Roll	Wheat Dinner Roll	Margarine	Wheat Dinner Roll	Vegetable Blend	Margarine	Margarine
Margarine	Margarine	Strawberries with	Margarine	Wheat Dinner Roll	Fruit Parfait	Carrot Cake with
Pumpkin Pie	Marble Cake with	Topping	<b>Chocolate Chip Bread</b>	Margarine	2% Milk	Frosting
2% Milk	Frosting	2% Milk	Pudding	Tropical Fruit	Coffee	2% Milk
Coffee	2% Milk	Coffee	2% Milk	2% Milk		Coffee
	Coffee		Coffee	Coffee		
			DINNER			
Cheese Quiche	Vegetable Soup	Crispy Pork Loin	Turkey with Apple	<b>BBQ</b> Meatballs	<b>Breaded Fish</b>	<b>Pork Vegetable Stew</b>
Potatoes O'Brien	Saltine Crackers	Confetti Rice	Normandy	Parmesan Basil Orzo	Sandwich	Garden Salad with
Baked Tomatoes	<b>Beef Patty Melt</b>	Multi-Color	Mashed Potato	California Vegetable	Potato Wedges	Dressing
Muffin	Sauteed Mushrooms	Cauliflower	Casserole	Blend	Dixie Coleslaw	Cornbread
Margarine	& Onions	Wheat Dinner Roll	Brussels Sprouts	Wheat Dinner Roll	Assorted Ice Cream	Margarine
Poached Pears	Ambrosia	Margarine	Wheat Dinner Roll	Margarine	2% Milk	Fruit Gelatin with
2% Milk	2% Milk	Sugar Cookie	Margarine	Spice Cake with	Coffee	Marshmallows
Coffee	Coffee	2% Milk Coffee	Scalloped Cinnamon Peaches	Frosting		2% Milk
			2% Milk	2% Milk		Coffee
			Coffee	Coffee		