

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Orange Juice	Apple Juice	Orange Juice	Apple Juice	Orange Juice	Apple Juice	Orange Juice
Oatmeal	Cream of Wheat	Cream of Rice	Oatmeal	Cream of Wheat	Cream of Rice	Oatmeal
Fresh Whole Apple	Fresh Whole Orange	Banana	Fresh Whole Apple	Fresh Whole Orange	Banana	Fresh Whole Apple
Sausage Patty	Egg & Bacon Breakfast Sandwich	Hard Cooked Egg	Sausage Patty	Breakfast Bake	Baked Cheese Omelet	Scrambled Eggs
French Toast		Wheat Toast	Peach Pancakes	Raisin Toast	Wheat Toast	Bacon
Margarine	2% Milk	Margarine	Margarine	Margarine	Margarine	Cinnamon Wheat Toast
Syrup	Coffee	Jelly	Syrup	Jelly	Jelly	2% Milk
2% Milk		2% Milk	2% Milk	2% Milk	2% Milk	Coffee
Coffee		Coffee	Coffee	Coffee	Coffee	

LUNCH						
Asian Barbecue Turkey	Ham Steak	Baked Chicken	Marinated Pork Loin	Pot Roast	Blackened Tilapia	BBQ Beef Platter
Brown Rice Pilaf	Honey Mustard Sauce	Garlic Mashed Cauliflower	Bread Dressing	Swiss Scalloped Potatoes	Corn Fritters	Deluxe Baked Beans
Stir Fry Vegetable Blend	Twice Baked Sweet Potato	Breaded Tomatoes	Glazed Baby Carrots	Seasoned Green Beans	Spinach	Coleslaw
Vegetable Egg Roll	Sauteed Brussels Sprouts	Cornbread	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll	Hushpuppies
Chocolate Raspberry Bar	Wheat Dinner Roll	Margarine	Margarine	Margarine	Margarine	Strawberry Dessert Bar
2% Milk	Margarine	Assorted Ice Cream	Snickerdoodle Cookie	Fruit Mix	Lemon Cake w/ Lemon Icing	2% Milk
Coffee	Pineapple with Toasted Coconut	2% Milk	2% Milk	2% Milk	2% Milk	Coffee
	2% Milk	Coffee	Coffee	Coffee	Coffee	
	Coffee					

DINNER						
Spinach & Cheese Quiche	Baked Herb Tilapia	Smoked Brisket Patty Melt	Chef Salad with Turkey	Salmon Croquette	California Medley Soup	Cheese Ravioli with Pesto
Home Fries	Cavatappi with Alfredo	Onion Rings	Assorted Salad Dressing	Creamy Dill Sauce	Saltine Crackers	Grilled Vegetables
Garden Salad with Dressing	Capri Vegetable Blend	Spring Mix Salad & Dressing	Red Skin Potato Salad	Confetti Risotto	Italian Submarine Sandwich	Breadstick
Muffin	Wheat Dinner Roll	Pear Crisp	Wheat Dinner Roll	Buttered Green Peas	House French Fries	Margarine
Margarine	Margarine	2% Milk	Margarine	Wheat Dinner Roll	Grapes	Orange Pineapple Cream Gelatin
Melon Cubes	Key Lime Pie	Coffee	Red White Blueberry Fruit Salad	Margarine	2% Milk	2% Milk
2% Milk	2% Milk		2% Milk	Banana Pudding Parfait	Coffee	Coffee
Coffee	Coffee		Coffee	Coffee		



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Apple Juice	Orange Juice	Apple Juice	Orange Juice	Orange Juice	Orange Juice	Apple Juice
Cream of Wheat	Cream of Rice	Oatmeal	Cream of Wheat	Cream of Wheat	Oatmeal	Cream of Wheat
Fresh Whole Orange	Banana	Fresh Whole Apple	Fresh Whole Orange	Banana	Fresh Whole Apple	Fresh Whole Orange
Hard Cooked Egg	Cheddar Egg Bake	Scrambled Eggs	Sausage Patty	Baked Cheese Omelet	Sausage Patty	Hard Cooked Egg
Biscuit	Bacon	Fruit Muffin	French Toast	Hashbrown Patty	Waffle	Wheat English Muffin
Sausage Gravy	Raisin Toast	Margarine	Margarine	Wheat Toast	Margarine	Margarine
2% Milk	Margarine	Jelly	Syrup	Margarine	Syrup	Jelly
Coffee	Jelly	2% Milk	2% Milk	Jelly	2% Milk	2% Milk
	2% Milk	Coffee	Coffee	2% Milk	Coffee	Coffee
	Coffee			Coffee		
LUNCH						
Lime Tarragon Chicken	Tilapia with Lemon Butter	French Onion Pork Chop	Beef & Broccoli Stir Fry	Sliced Baked Ham	Meatsauce with Spaghetti Noodles	Chicken Cordon Bleu
Garden Blend Rice	Parslied Mashed Potatoes	Pork Gravy	Fried Rice	Cheesy Grits		Baked Mushroom Rice
Prince Edward Vegetable Blend	Squash Medley	White Cheddar Mac & Cheese	Wheat Dinner Roll	Brussels Sprouts	Roasted Vegetables w/ Balsamic	Herbed Green Beans
Wheat Dinner Roll	Wheat Dinner Roll	Green Peas	Margarine	Wheat Dinner Roll	Garlic Bread	Wheat Dinner Roll
Margarine	Margarine	Wheat Dinner Roll	Pineapple Chunks	Margarine	Peaches & Yogurt	Margarine
Cheesecake with Cherry Topping	Apricot Parfait	Margarine	2% Milk	Pound Cake	2% Milk	Orange Sherbet
2% Milk	2% Milk	Apple Betty	Coffee	Blueberry Compote Topping	2% Milk	2% Milk
Coffee	Coffee	2% Milk		2% Milk	Coffee	Coffee
		Coffee		Coffee		
DINNER						
Beef with Roasted Vegetables	Tomato & Red Pepper Bisque	Smoked Turkey	Baja Crispy Pollock Tacos	Shredded Veggie Salad w/ Chicken	Breaded Fish Filet	Cheese Frittata
Tossed Salad with Dressing	Saltine Crackers	Sweet Potato Hash	Succotash	Assorted Salad Dressing	Sweet Whipped Carrots	Cottage Fries
Wheat Dinner Roll	Grilled Two Cheese Sandwich	Spinach	Tortilla Chips	Italian Pasta Salad	Hot Cabbage Slaw	Marinated Peppers Salad
Margarine	Multi-Color Cauliflower	Cornbread	Pico de Gallo	Breadstick	Wheat Dinner Roll	Wheat Dinner Roll
Spiced Pears	Chocolate Chip Bar	Margarine	Churros	Margarine	Margarine	Margarine
2% Milk	2% Milk	Spiced Pears	2% Milk	Margarine	Raspberry Ripple	Watermelon
Coffee	Coffee	2% Milk	Coffee	Strawberry Gelatin Parfait	2% Milk	2% Milk
		Coffee		2% Milk	Coffee	Coffee
				Coffee		



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Orange Juice	Apple Juice	Orange Juice	Apple Juice	Orange Juice	Apple Juice	Orange Juice
Cream of Rice	Oatmeal	Cream of Wheat	Cream of Rice	Oatmeal	Cream of Wheat	Cream of Rice
Banana	Fresh Whole Apple	Fresh Whole Orange	Banana	Fresh Whole Apple	Fresh Whole Orange	Banana
Cheese Strata	Scrambled Eggs	Sausage Patty	Baked Cheese Omelet	Hard Cooked Egg	Egg & Sausage Bake	Breakfast Taco
Bacon	Raisin Toast	Pancakes	Biscuit	Blueberry Muffin	Wheat Toast	2% Milk
Coffee Cake	Margarine	Margarine	Margarine	Margarine	Margarine	Coffee
2% Milk	Jelly	Syrup	Jelly	Jelly	Jelly	
Coffee	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk	
	Coffee	Coffee	Coffee	Coffee	Coffee	

LUNCH						
Salisbury Steak	Roast Turkey	Shrimp Newburg	Braised Beef	Bourbon Maple Glazed Ham	Cheddar Baked Tilapia	Seasoned Chicken Breast
Sour Cream Mashed Potatoes	Turkey Gravy	Bow Tie Noodles	Parmesan Risotto	Mashed Sweet Potatoes	Wild Blend Rice	Oven Browned Potatoes
Mixed Vegetables	Corn Pudding	Broccoli & Carrots	Baked Tomato Halves	Parslied Cauliflower	Braised Red & Green Cabbage	Roasted Beets
Wheat Dinner Roll	Brussels Sprouts	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll
Margarine	Wheat Dinner Roll	Margarine	Margarine	Margarine	Margarine	Margarine
Fruits of the Forest Pie	Margarine	Whipped Gelatin Parfait	Peach Crisp	Ice Cream Sundae	Rhubarb Cake	Butterscotch Pudding Parfait
2% Milk	Mandarin Oranges & Bananas	2% Milk	2% Milk	2% Milk	2% Milk	2% Milk
Coffee	2% Milk	Coffee	Coffee	Coffee	Coffee	Coffee
	Coffee					

DINNER						
Creamy Squash Soup	Pork Cutlet Supreme	Smokey Ranch Chicken	Cheese Quesadilla	Turkey Pot Pie	Beef Tips Provencale	Supreme Pizza
Saltine Crackers	Toasted Herb Rice	Potato Wedges	Black Beans	Garden Salad with Dressing	New Creamed Potatoes	Caprese Salad
Vegetable Wrap	Au Gratin Spinach	Green Beans	Fajita Vegetable Blend	Wheat Dinner Roll	Peas & Mushrooms	Garlic Bread
Potato Chips	Wheat Dinner Roll	Wheat Dinner Roll	Coconut Berry Brownie	Margarine	Wheat Dinner Roll	Grapes
Kidney Bean Salad	Margarine	Margarine	2% Milk	Pears & Apricots	Margarine	2% Milk
Pineapple Fluff	Oatmeal Raisin Cookie	Cinnamon Apple Slices	Coffee	2% Milk	Ambrosia	Coffee
2% Milk	2% Milk	2% Milk		Coffee	2% Milk	
Coffee	Coffee	Coffee			Coffee	



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Apple Juice	Orange Juice	Apple Juice	Orange Juice	Apple Juice	Orange Juice	Apple Juice
Oatmeal	Cream of Wheat	Cream of Rice	Oatmeal	Cream of Wheat	Cream of Rice	Oatmeal
Fresh Whole Apple	Fresh Whole Orange	Banana	Fresh Whole Apple	Fresh Whole Orange	Banana	Fresh Whole Apple
Scrambled Egg with Cheese	Hard Cooked Egg	Sausage Patty	Egg & Hashbrown Bake	Scrambled Eggs	Hard Cooked Egg	Baked Cheese Omelet
Cinnamon Wheat Toast	Wheat English Muffin	Waffle	Wheat Toast	Biscuit	Bacon	Coffee Cake
2% Milk	Margarine	Margarine	Margarine	Sausage Gravy	French Toast	2% Milk
Coffee	Jelly	Syrup	Jelly	2% Milk	Margarine	Coffee
	2% Milk	2% Milk	2% Milk	Coffee	Syrup	
	Coffee	Coffee	Coffee		2% Milk	
					Coffee	

LUNCH						
Apple Glazed Corned Beef	Hawaiian Ham	Vegetable Lasagna	Crispy Baked Chicken	Pepper Steak with Gravy	Caribbean Shrimp	Ham & Potato Casserole
New Boiled Potatoes	Baked Beans	Italian Vegetable Blend	Pierogies	Delmonico Potatoes	Black Beans and Couscous	Green Peas
Sauteed Carrots & Celery	Caribbean Vegetable Blend	Wheat Dinner Roll	Green Beans	Baby Carrots	Broccoli Florets	Harvard Beets
Wheat Dinner Roll	Cornbread	Margarine	Wheat Dinner Roll	Wheat Dinner Roll	Corn Fritters	Wheat Dinner Roll
Margarine	Margarine	Orange Sherbet	Margarine	Margarine	Margarine	Margarine
Rainbow Cake	Mandarin Oranges & Marshmallows	2% Milk	Toffee Crisp Bar	Blueberries with Topping	Bread Pudding with Raisins	Coconut Cream Pie
2% Milk	2% Milk	Coffee	2% Milk	2% Milk	2% Milk	2% Milk
Coffee	Coffee		Coffee	Coffee	Coffee	Coffee

DINNER						
Turkey Burger	Seafood Patty	Open-Faced Meatloaf Sandwich	Pork Medallions	Savory Summer Soup	Cheese Souffle	Chicken & Waffles
Dijon Mayonnaise	Tartar Sauce	Brown Gravy	Corn & Bean Vegetable Blend	Saltine Crackers	Sweet Potato Wedges	Pineapple Coleslaw
Lettuce & Tomato	Lemony Rice Salad	Mashed Potatoes	Bacon Cauliflower Salad	Chicken Rotini Salad	Sauteed Mushrooms & Onions	Muffin
Onion Rings	Squash Medley	Roasted Garlic Brussels Sprouts	Wheat Dinner Roll	Marinated Tomato Cucumber Salad	Wheat Dinner Roll	Margarine
Fruit Cup	Wheat Dinner Roll	Wheat Dinner Roll	Margarine	Breadstick	Margarine	Grapes
2% Milk	Margarine	Wheat Dinner Roll	Rosy Apple Slices	Margarine	Strawberries	2% Milk
Coffee	Chocolate Cheesecake	Margarine	2% Milk	Margarine	2% Milk	Coffee
	2% Milk	Raspberry Peaches	Coffee	Banana Spice Cake	Coffee	
	Coffee	2% Milk		2% Milk		
		Coffee		Coffee		

